CURES Act Passed!

The 21st Century Cures Act gained congressional approval on December 4, 2016. The bill includes provisions aimed at fighting the opioid epidemic, strengthens laws mandating parity for behavioral and physical health care and includes grants to increase the number of psychologists and psychiatrists, who are in short supply across the country. It's also the most significant piece of mental health legislation since the 2008 law requiring parity or equal insurance coverage for all health care conditions. While funding treatments for mental illness and addiction is expensive, "it's more expensive to ignore it," says Rep. Eddie Bernice Johnson, D-Texas, who co-sponsored mental health legislation in the House that folded into the 21st Century Cures Act. The House of Representatives passed the 21st Century Cures Act by a 392 to 26 vote and then the $6.3 billion legislation easily passed the Senate in a vote of 94-5.

The 21st Century Cures Act has been two years in the making and it was one of the most heavily lobbied pieces of legislation in recent history. It pays for cancer research, pays to fight the epidemic of opioid abuse, funds mental health treatment, helps the Food and Drug Administration to speed up drug approvals and pushes better use of technology in medicine. It includes $500 million a year to help states prevent opioid misuse and get better treatment for those with opioid addictions. "These additional resources are particularly critical in rural areas, where rates of opioid misuse and overdose are high, access to treatment is limited, and patients who seek treatment are often met with waitlists that can mean the difference between life and death," said Agriculture Secretary Tom Vilsack. Tennessee is poised to apply for up to $13.8 million dollars in funding for treatment, prevention and recovery support services.

"We are now one step closer to ending cancer as we know it, unlocking cures for diseases like Alzheimer's, and helping people seeking treatment for opioid addiction finally get the help they need," President Obama said.

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Governor’s Budget for FY 2018

TAADAS and TAMHO teamed up the 2017 legislative session to address the economic impact of untreated addiction on our communities. TAMHO and TAADAS representatives met with Governor Haslam in October to ask that he address the need to fund addiction services in the state’s budget for FY 2018. Their discussion was very specific and productive. Afterwards, TAADAS and TAMHO members rallied several state Representatives and Senators to express their support for funding to treat addiction in the budget. We await the announcement of the governor’s proposed budget later in January.

Untreated addiction has a wide range of impacts across our state. Of the Tennesseans aged 12 or older who were alcohol dependent or abusing alcohol (about 11,000 individuals), only 3.6% received treatment each year on average during 2009 to 2013. That left 96.4% of those who needed treatment without services. For those using illicit drugs, only 10.6% of the of the average yearly total of the 14,000 people needing treatment during the same time period actually received treatment for addiction.

Based on 2010-2013 combined data, among persons aged 12 or older who needed but did not receive illicit drug or alcohol use treatment, felt a need for treatment, and made an effort to receive treatment, commonly reported reasons for not receiving treatment were:

(a) no health coverage and could not afford cost (37.3 percent),
(b) not ready to stop using (24.5 percent),
(c) did not know where to go for treatment (9.0 percent),
(d) had health coverage but did not cover treatment or did not cover cost (8.2 percent), and
(e) no transportation or inconvenient (8.0 percent)

Problems with access to treatment were illustrated last year when TAADAS and other advocacy groups worked to sunset the Fetal Assault Law. This law allowed women to be prosecuted for giving birth to a baby born with opioids in their system. The lack of access to facilities that would take pregnant women for addiction treatment was the focus of much of our advocacy work during the 2016 legislative session.

While the CURES Act (see front page) will potentially fund treatment access for those addicted to opioids, Tennessee’s addiction problems are complicated and multi-faceted. We’ve seen that when access to prescription opioids was reduced and monitored through the Prescription Drug Safety Act and the Controlled Substance Monitoring Database, people addicted to pain killers did not necessarily access treatment and many began to use illicit drugs including heroin. Tennessee needs a multi-pronged systemic approach to address all addiction issues. A budget allocation to expand addiction treatment access is needed to address addiction to alcohol and all prescription and illicit substances and their related issues. More than 29% of all emergency room admission are opioid involved and medical emergencies relating to drug abuse increased over 132% in the last 7 years. Employers across the state struggle to find drug free employees. Fifty percent of children placed in state’s custody as a result of having addicted parents. Experts say that preventing addiction, rather than simply reacting to it, could have great social and health benefits that translate into cost savings, specifically when it comes to the criminal justice system. Estimates show that every dollar invested into an addiction program yields between $4 and $7 in reduced drug-related crime, criminal justice costs, and theft. Ultimately, savings will eclipse initial costs by a 12 to 1 ratio, mainly through the reduction of interpersonal conflicts, overdoses, and death.

(See http://thinkprogress.org/health/2015/05/26/3662873/addiction-treatment-hard-to-find/)
TAADAS’ Advocacy Plan

TAADAS recognized several years ago that the organization and its member wanted a better organized, proactive approach to an organizational advocacy agenda. As one member put it, “I’m tired of always being behind the curve.” TAADAS developed an advocacy plan and sought support from the Healing Trust, who awarded TAADAS a 3 year advocacy grant beginning in January of 2016. The goals of this grant are focused on establishing an infrastructure for advocacy that will enable TAADAS to engage in advocacy long term—long past the term of the grant.

A process within the TAADAS Legislative Committee was established to develop advocacy goals each year. Additionally, the committee established a decision making process to address urgent legislative or policy issues and a calling tree to keep members informed. TAADAS staff will update the calling tree this Fall so please respond to their request for information.

TAADAS FY 2017 Advocacy Goals

This year TAADAS’ Legislative Committee submitted Advocacy Goals at the August Membership Meeting and these goals will continue to be reviewed as the legislative session, Tennessee budget and other policy initiatives are announced. Charlotte Hoppers, Legislative Committee Chair, presented the goals at the Membership Meeting. The plan includes the following potential policy or legislative initiatives:

- Budget Allocation for Addiction treatment;
- Restricted Licenses for drug court participants with additional fees to fund treatment (SPOT)
- Mandate CIT- or similar crisis intervention training for all law enforcement
- Parity Enforcement

Various Coalitions are forming around these issues and TAADAS is participating in the development of these groups. The TN Association of Drug Court Professionals is working on a restricted Driver’s License bill along with TAADAS and there is another Coalition for Sensible Justice that is considering similar reforms. TAMHO and TAADAS have met jointly to draft talking points for addiction treatment funding. TAMHO and TAADAS will ask for a joint meeting with the Governor to ask for his financial support for addiction treatment in the state budget. Mandatory CIT training has been a recommendation from the State Policy and Planning Council and TAADAS is looking into how this goal could be pursued. A coalition is forming to look at parity legislation based on the model presented by Parity Track and NAMI. So far TAADAS, NAMI, TN Hospital Association, TAMHO, and MH America are part of this early forming coalition.

There will be a training on our planned advocacy agenda which will highlight the details of each goal as well as talking points in support. We plan to have this training during the January TAADAS membership meeting. Key legislators to target for each goal will also be discussed. Additionally, we will monitor and provide training on Federal initiatives.

TAADAS Day on the Hill is tentatively scheduled for Wednesday, February 8, 2017. This year’s day on the hill will feature a Legislative Breakfast. Kathleen Kennedy, Advocacy Director, will be coordinating each member’s appointments at the Legislature and will link members together regionally and otherwise for joint meetings with identified key legislators. Please continue to monitor and review the Advocacy tab on the TAADAS website for more information and updates.
The Holidays: A Time of Joy, Happiness, Cheer and Major Stressors
Are You Feeling the Holiday Blues?

NASHVILLE - The Tennessee Department of Mental Health and Substance Abuse Services would like to wish you a great holiday season but also inform you about the major mood disorders that can accompany the holiday season. Avoid the “Holiday Blues” in order to enjoy this wonderful time of the year.

Unfortunately, the holiday season brings about overwhelming feelings of stress, anxiety and sadness for too many Tennesseans. One universal contributing factor could be a condition known as Seasonal Affective Disorder (SAD). This condition is prevalent during the winter months due the cold temperatures, dreary days and dwindling daylight hours. Recommended treatments to help combat SAD include: increased sunlight exposure, artificial light therapy, temporary use of antidepressant medications or professional counseling and therapy.

Seasonal Affective Disorder (SAD) Symptoms:
- Depression or Prolonged Feelings of Sadness
- Avoidance of Social Situations
- Changes in Appetite
- Excessive Need for Sleep

Early recognition and treatment of SAD is important but there are other factors unique to the holiday season that can prove to be detrimental to your emotional well-being:

- **Unrealistic Expectations**, The holiday season is often over-sensationalized and this perception is perpetuated by the media, movies and marketing campaigns. People regularly find themselves falling short of their perception of what the holidays should be. When in reality, everybody’s ideal holiday season is unique to their own individual and family needs; there is no ideal holiday formula for success! Don’t find yourself judging your holiday success based on a phantom perception of how the holidays should be celebrated. Find the right balance for you and your family in order to have a joyous and celebratory holiday season.

- **Financial Shortages**, This time of year can be financially demanding on individuals and especially larger families. As parents, we often undertake the burden of trying to meet every request on our children’s gift wish lists despite our financial situation. In reality, we should fully contemplate the impact the holiday season will have on our budget and accommodate only the additional expenses that are economically feasible. Planning ahead for what your holiday budget should be and sticking to it will help alleviate some financial stress. It is important to remember that the success of the holiday season will not be measured by the monetary value of the gifts we give.

- **Remembrance of Past Losses**, Sentimental memories are an inherent part of the holiday season.

Continued next page ......
It is completely natural to think about those loved ones no longer able to share the holiday joys with us. During this time of the year it is important that we not dwell just on our loss and grief but that we reflect on all of the positive and joyous moments we were fortunate enough to have shared with the ones we have since lost. This positive outlook on remembering those we have lost will help keep the holiday sadness away.

- **Increased Alcohol Use**, Holiday parties can often be marked by alcohol filled celebrations. While moderate alcohol consumption is not a problem for everyone, it can lead to increased feelings of depression for many. It is important to remember, that by its nature, alcohol is a depressant. When you combine increased alcohol use coupled with the additional stressors already present in the holiday season, you are creating a depression cocktail. Remember to be mindful of your alcohol consumption in order to help prevent the “Holiday Blues.”

- **Overscheduling**, Life’s regular schedule can be hectic enough without adding in all of the additional holiday activities. Over-committing yourself for too many obligations can be a recipe for disaster during the holiday season. Prioritizing and planning your holiday events can be instrumental to your emotional well-being. Instead of over-extending yourself to an unmanageable schedule, try to take time to relax and actually enjoy your time during this holiday season. A slower pace during the holiday season might help keep the blues away.

In closing, my hope is that you and your family have a wonderful holiday season full of joy and happiness, but if you find yourself or a loved one feeling more than their share of the “Holiday Blues,” please seek help by calling our [Office of Consumer Affairs at 615-532-6700](tel:615-532-6700) during business hours (M-F 8:00-4:30) or the [24/7 Toll-Free Statewide Crisis Line at 1-855-Crisis-1 or 1-855-274-7471](tel:1-855-Crisis-1 or 1-855-274-7471).

Sincerely,

Marie Williams, Commissioner
Tennessee Department of Mental Health and Substance Abuse Services

Our Mission: Provide, plan for, and promote a comprehensive array of quality prevention, early intervention, treatment, habilitation, rehabilitation and recovery support services for Tennesseans with mental illness and substance abuse issues. Our Vision: To be one of the nation’s most innovative and proactive state behavioral health authorities for Tennesseans dealing with mental health and substance abuse problems.

For more information, visit: [http://tn.gov/behavioral-health/](http://tn.gov/behavioral-health/).
People may hear your words, but they feel your attitude.”
John Maxwell, author and pastor who focuses on leadership skills.

110th General Assembly to Convene on January 10, 2017. The Election Season is over. Now begins the hard work of governance. The 110th General Assembly will convene in organizational session at noon on Tuesday, January 10, 2017. The Speakers will appoint the committees on Thursday, January 12, and the General Assembly will then stand in recess until Monday, January 30. The bill filing deadline is expected to be Thursday, February 2 in both houses.

The Senate will have one new member in Jon Lundberg from District 4 in Sullivan County. Lundberg fills the seat formerly held by Ron Ramsey who did not seek reelection. Lundberg formerly served well in the House, and should have an honorary law degree after his work as Chair of the House Civil Justice Committee. The Senate partisan breakdown will continue to be 28(R) to 5(D). The House partisan breakdown will be 74(R) to 25(D).

The House will have 11 new members elected to full two year terms in the November election. They are:

- **John Crawford**, District 1, a Kingsport businessman, who ran 10 years ago and lost in the August primary to Jon Lundberg by 22 votes;
- **Gary Hicks**, of Hawkins County in District 9, who had been appointed in 2015 to take the place of the retiring Mike Harrison;
- **Rick Staples**, District 15 in Knoxville who takes the place of Joe Armstrong who resigned after his criminal conviction;
- **Tim Rudd**, of Rutherford County in District 34, a real estate broker, who succeeds Rick Womick who did not seek reelection;
- **Paul Sherrell** of White County in District 43, who defeated Kevin Dunlap in the November general election;
- **Sam Whitson**, of Williamson County in District 64 who takes the place of the expelled Jeremy Durham;
- **Michael Curcio**, of Dickson County in District 69, who takes the place of David Shepard who did not seek reelection;
- **Thomas Tillis**, of Marshall County in District 92, who takes the place of Billy Spivey who did not seek reelection;
- **Ron Gant**, of Fayette County in District 94, who takes the place of Jamie Jenkins who did not seek reelection;
- **Mark Lovell**, of Shelby County in District 95 who defeated Curry Todd in the August primary election; and
- **Dwayne Thompson**, of Shelby County in District 96 who defeated Steve McManus in the November general election.
Speaking of Speakers. Senate Speaker Ron Ramsey did not seek reelection in 2016. The Tennessee Senate Speaker also serves as Tennessee’s Lieutenant Governor. The likely successor to the Speaker and Lieutenant Governor position is Senator Randy McNally of Oak Ridge. The 72 year old retired pharmacist has 36 years of legislative experience and has most recently served as Chair of the Finance Ways & Means Committee. He is expected to be unopposed in this race for Speaker. On the House end of the hall, Beth Harwell of Nashville has prevailed in her Republican Caucus by a 40-30 margin and is expected to serve in her 4th term as Speaker of the House. Speaker Harwell worked as a university professor before retiring from that position, and Speaker Harwell has 28 years of legislative experience.

Crystal Ball for 2017 Legislative Issues. The state budget and appropriations process is always job one for the General Assembly. Other notable issues will include: a possible fuel tax increase to fund state highway projects, Airbnb issues, other tax proposals such as the Hall income tax phase-out and the professional privilege tax, marijuana regulation, constitutional handgun carry authorization, and drug free school zone sentencing.

On the Federal Front, the enactment of the 21st Century Cures Act (P.L. 114-225) provides encouragement on the elusive policy goal of parity for substance abuse treatment. The new federal statute requires the Departments of Labor, Health & Human Services, and Treasury to establish new guidelines for health insurance plans and providers and patients to identify health plans that comply with federal parity laws.

Member Checklist.
• Call your state legislators and thank them for their willingness to serve in public office and wish them well during the 2017 legislative session. Ask them how you may be a resource for them as an elected official.
• It’s not too late to send a “Happy 2017” card to those who did not make your “nice” Christmas card list.
• Plan to attend the TAADAS Day on the Hill event on Wednesday, February 8.
• Call or write Commissioner Marie Williams and congratulate her on her new position as Commissioner of the Department of Mental Health and Substance Abuse Services.

Calendar Notes: State offices and TAADAS offices will be closed Monday, January 16, 2017 for the Martin Luther King, Jr. and Monday February 20 for the Presidents Day Holiday.

Nathan Ridley serves as Legislative Counsel for TAADAS and is an attorney with the Nashville firm, Bradley Arant Boult Cummings LLP. You may contact him by e-mail at nridley@bradley.com.
"Your Life Matters" is a partnership between the Power of Putnam, TAADAS and local law enforcement agencies to reach out to the community with information on prevention and recovery. We believe that as a group the police probably come into more daily contact with people who are using, contemplating using or who are struggling with addiction issues. The idea was developed as part of Region 3 North Life-line Coordinator, Nathan Payne's ongoing effort to destigmatize recovery and engage new partners in the cause. Nathan had seen media from around the country where local police agencies were joining the fight against addiction as a problem solving policing matter. Coalition Director Bill Gibson who is a retired police officer who previously served as District Attorney General in the region took the idea to Sheriff Eddie Farris who was quick to respond.

The Putnam County Sheriffs Department is the first agency in Tennessee to actively display the Tennessee red-line 24/7 referral number on all marked patrol units. The officers will receive some training on the fundamentals of addiction and will all carry materials and resource cards to supply to anyone who asks or who they feel can use a referral or resources. These officers believe that every life matters, and while arrest is often necessary, the underlying problem of addiction must be addressed to bring about positive community level change.

We believe that this messaging coming from the police may hit targets that are harder to reach and that they can be strong allies in this effort. So far the idea has been well received by the police who often want to offer assistance but are unsure of what resources are available.

We are collaborating with the Prevention Alliance of Tennessee, Lifeline of Tennessee and the Tennessee Department of Mental Health and Substance Abuse Services to promote this idea and make this project available to coalitions and law enforcement agencies across the state who want to participate or launch a similar outreach in their communities.

Every 4 minutes, someone in the U.S. dies from an overdose or alcohol-related cause – the equivalent of a jumbo jet crashing every day with no survivors.

22 million Americans are suffering
23 million more are in recovery
1 in 3 households are directly impacted

Organizations that make up the Facing Addiction Action Network represent diverse areas of interest across the spectrum of substance use and addiction issues. From recovery community organizations to family advocacy groups, prevention and education networks, public health agencies, labor partners, faith leaders and many more, we will all work together to execute the following action agenda and promote real solutions to the addiction crisis.

We hope you’ll join us as we work to shift public perception, tackle stigma and offer real solutions to our nation’s most urgent health crises. The Facing Addiction Action Plan can be downloaded here and includes the action items listed below. You may click on each one in this short table of contents and be taken to individual actions or read through the entire document.

**ACTION ITEM #1** Humanizing Addiction for Both the Afflicted and the Affected

**ACTION ITEM #2** Suffering From Addiction is Not a Crime – Reforming Public Safety Responses

**ACTION ITEM #3** Dramatic Expansion of Prevention, Screening and Early Intervention Programs

**ACTION ITEM #4** Promoting Multiple Pathways of Recovery for Individuals and Their Families

**ACTION ITEM #5** Mainstreaming Addiction Health Services

Join us in order to stay up to date with the Action Network’s progress on executing this sweeping and comprehensive agenda! The Action Network is currently focusing on:

- Host a Dinner With Compassionate Conversation About Alcohol, Drugs, and Health
- Application for grassroots engagement to reform public response to addiction

If you have questions about joining the Facing Addiction Action Network, please contact Michael King, Facing Addiction’s director of outreach and engagement, at mking@facingaddiction.org.
Please join the West Tennessee Association of Alcohol and Drug Abuse Counselors as they welcome:

Dr. M. David Rudd, Ph.D., President and Distinguished Professor of Psychology University of Memphis

A two hour training event:

Suicide Prevention: A 15 minute technique to reduce suicidality

Fee: $20 for NAADAC members, $25 for non-members. If paying by check, please make checks payable to West TAADAC. Please bring your own lunch and beverage.

where:
Case Management Inc. 3171 Directors Row, 4th floor, Memphis, TN 38131

when:
January 19, 2016 12pm to 2pm
Registration from 11:30 – 12:00pm

r.s.v.p.
901-722-8460 to Michele Squires
Space is limited.

TAADAC’s Mission:
As an association for Addiction Professionals; we educate, advocate, and promote healthy communities for an addiction-free Tennessee
The first-ever Surgeon General’s Report on Alcohol, Drugs, and Health reviews what we know about substance misuse and how you can use that knowledge to address substance misuse and related consequences. Read the executive summary and full report at: https://addiction.surgeongeneral.gov/

**Board of Alcohol and Drug Abuse Counselors**

**Meeting Schedule:**

- **January 27, 2017**, 9 am, Poplar Room
- **April 14, 2017**, 9 am, Poplar Room
- **July 14, 11 am**, Poplar Room

Meetings are held at:

665 Mainstream Drive, MetroCenter

The January 2017 LADAC Board meeting has been rescheduled and will review the work of a task force instated by the LADAC Board regarding suggested licensure rule changes.

The task force is recommending moving the license from a title license to a practice license, which will mean greater authority to regulate practice. Additionally, it is proposed that the number of study hours are required in each of the domains be more clearly defined.

A copy of the proposed rules changes can be found at TAADAS.org
TAADAS typically meets in Suite 130 at 1321 Murfreesboro Pike at 10 am on the second Thursday of each month and will meet this quarter on:

- **January 12**  
  Day on the Hill
- **February 8**  
  —
- **February 9**
- **March 9**

For information please contact:

Mary Linden Salter, Executive Director  
615-780-5901, x-18  
marylinden@taadas.org

**TAADAS will be closed:**
- New Year’s  
  January 2
- MLK Day of Service  
  January 16
- President’s Day  
  February 20

**TAADAS Training**

- **WRAP I Training-Knoxville**  
  January 26-27, 2017  
  Ken Barton, CPRS  
  United Way of Greater Knoxville  
  1301 Hannah Avenue  
  Knoxville, TN 37921  
  8:30 AM-4:00 PM EST

- **WRAP II**  
  Facilitator’s Training  
  Nashville  
  February 13-17, 2017  
  Kellye Hammond and Lori Rash  
  The Next Door  
  402 22nd Ave N  
  Nashville, TN  
  9:00 AM-4:00 PM CST

- **Clinical Supervision Training - Nashville**  
  March 16-17, 2017  
  Ed Johnson and Karen Garrett  
  TAADAS Conference Room  
  1321 Murfreesboro Pike  
  Suite 130  
  Nashville, TN 37217  
  9:00 AM-4:00 PM CST

- **Recovery Roundtable - Dyersburg**  
  March 31, 2017  
  Mary Linden Salter & Panelists  
  Lannom Center  
  2000 Commerce Ave  
  Dyersburg, TN 38024  
  9:30 AM-3:00 PM CDT

- **Cultural Humility - Jackson**  
  February 17, 2017  
  Lygia Williams  
  Lowell Thomas State Office Building  
  225 Dr. Martin Luther King Jr. Dr.  
  Nashville, TN 38301  
  9:00 AM-4:00 PM CST

- **Recovery Roundtable - Nashville**  
  Planned for May 2017

West TAADAC Presents:  
M. David Rudd, Ph.D., President and Distinguished Professor of Psychology  
University of Memphis

**Suicide Prevention: A 15 minute technique to reduce suicidality**

Case Management Inc.  
3171 Directors Row  
4th floor  
Memphis, TN 38131

January 19, 2016  
12pm - 2pm  
Registration  
11:30 – 12:00pm  
r.s.v.p.: Michele Squires  
901-722-8460  
Space is limited.
Help for Problem Gamblers in Tennessee

What is Problem Gambling
As defined by the National Council of Problem Gambling, problem gambling is gambling behavior which causes disruptions in any major area of life: psychological, physical, social or vocational. The term “Problem Gambling” includes, but is not limited to, the condition known as “Pathological,” or “Compulsive” Gambling, a progressive addiction characterized by increasing preoccupation with gambling, a need to bet more money more frequently, restlessness or irritability when attempting to stop, “chasing” losses, and loss of control manifested by continuation of the gambling behavior in spite of mounting, serious, negative consequences.

Is there Problem Gambling in Tennessee?
Based on a report published by the University of Memphis, it has been estimated that there are over 200,000 persons in Tennessee with gambling problems. (Satish Kedia, Ph.D., The SAT Report, University of Memphis, Vol. 1, No. 3, 2004)

Are You a Compulsive or Problem Gambler?
Only you can decide. In short, problem gamblers are those whose gambling has caused continuous problems in any facet of their lives. The following 10 questions may help you to decide if you are a compulsive or problem gambler.

Have you...
- often gambled longer than you had planned?
- often gambled until your last dollar was gone?
- had thoughts of gambling that caused you to lose sleep?
- used your income or savings to gamble while letting bills go unpaid?
- made repeated, unsuccessful attempts to stop gambling?
- broken the law or considered breaking the law to finance your gambling?
- borrowed money to finance your gambling?
- felt depressed or suicidal because of your gambling losses?
- felt remorseful after gambling?
- gambled to get money to meet your financial obligations?

If you or someone you know answers “Yes” to any of these questions, consider seeking assistance from a professional.

For confidential assistance, call the 24 hour, 7 days a week toll-free Tennessee REDLINE for help with gambling problems.
1-800-889-9789

The Tennessee Department of Mental Health & Developmental Disabilities, Division of Alcohol & Drug Abuse Services, offers services for problem gamblers and their loved ones.

If you or someone you know is concerned about gambling, please contact the following agency:
The Gambling Clinic at the University of Memphis 901-678-STOP (7867) www.thegamblingclinic.memphis.edu E-mail: gambling@memphis.edu
Finding resources for children in Tennessee has never been easier.

With the Kid Central app, you’ll get mobile access to state services, receive useful notifications and have important contact info on the go.

Visit http://kidcentraltn.com/ for more information and to download the app for android or iphone.

Strategic Initiative

Enhancing Tennessee’s Co-Occurring Disorders System of Care

Effecting organizational change by:

- continuously improving program capability
- ensuring sustained workforce development
- complementing the state’s current investment in treatment and recovery for individuals with co-occurring disorders

http://www.tncodc.com/strategic-initiative
SAVE THE DATE!

Day on the Hill
March 8, 2016

Registration opens in January.

Where: War Memorial Auditorium
When: 9am-1pm (CST)
What: Come hear from legislators and join other advocates in visiting legislators to promote more accessible and affordable mental health services.
Cost: It's a free event that includes breakfast foods and lunch.

TN Coalition of Mental Health and Substance Abuse Services

Free Addiction Referral Hotline
24 hours/7 days a week

Tennessee Redline
1-800-889-9789

This project is funded by the Tennessee Department of Mental Health and Substance Abuse Services
Help us to bring recovery support services to more Tennesseans

Designate TAADAS as the recipient for your Kroger Plus and Amazon Smiles rewards purchases. It’s easy to do and helps us to do more for the recovery community in Tennessee.

Amazon Smiles is as easy as 1-2-3!

1. Sign in to www.smile.amazon.com on your desktop or scan the Amazon QR code below with your phone.

2. From your desktop, go to Your Account from the navigation at the top of any page, and then select the option to Change Your Charity.

3. Or, from your mobile browser, select change your charity from the options at the bottom of the page. Select a TAADAS as your new charitable organization to support.

Kroger Community Rewards: How to Register

Use your existing Kroger Plus Card or get a new one from the customer service desk.

Visit www.krogercommunityrewards.com (scan the QR code below if you have a smartphone).

Sign up for an online account using the “new customer” box unless you already have an online account.

Once signed up retrieve the confirmation email and confirm your new account.

Now visit your new account and click on edit Kroger Community Rewards - Input your Kroger plus Card Number.

Now enter the NPO 32184 and click confirm.

Your recipient organization’s name should now appear on the right side of the information page.

If you use your phone number at the register Call 1.800.676.4577 and select option 4 to get your Card Number.

You must swipe your card or use your phone number to get credit for any one purchase.

Two Great Programs

One Awesome Cause!
We thank the following members for their support and involvement in our organization!

Barry Cooper, President    Jon Jackson, President Elect    Paul Fuchcar, Treasurer

Organizational Members

12th Judicial District Drug Court  JACOA, Jackson
Alternative Choices, Humboldt  Knox County Recovery Court, Knoxville
Aspell Recovery Ctr., Jackson  Madison Treatment Center, Madison
Buffalo Valley, Hohenwald  Memphis Recovery Center, Memphis
CAAP, Memphis  Mending Hearts, Nashville
CADAS, Chattanooga  Mental Health America
CADCOR, Murfreesboro  Metro Health Department, Nashville
Case Management Inc., Memphis  Overton County Anti-Drug Coalition, Livingston
Cannon County Board of Education  PAL (Prevention Alliance of Lauderdale)
Centerstone, Courage Beyond  Park Center, Nashville
Church Health Center of Memphis  Place of Hope, Columbia
Clay County Anti-Drug Coalition, Celina  Prevention Alliance of Lauderdale
Comprehensive Community Services, Johnson City  Prevention Alliance of Tennessee (PAT)
Crossbridge, Inc. Nashville  Professional Care Services, Covington
E.M. Jellinek Center, Knoxville  Recovery Services of TN, Lebanon
First Step Recovery Center, Memphis  Renaissance Recovery, Knoxville
Freeman Recovery Center, Dickson  Renewal House, Nashville
Friend of Bill’s Recovery Houses, Lebanon  Samaritan Recovery Community, Inc., Nashville
Frontier Health, Gray  Serenity Centers of TN, Knoxville
General Session Treatment Court, Nashville  Serenity Recovery Center, Memphis
Grace House, Memphis  Smith County Drug Prevention
Grandpa’s Recovery House, Smyrna  STARS Nashville
Hamblin County Drug Court, Morristown  Synergy Treatment Ctr., Memphis
Harbor House of Memphis, Memphis  The Next Door, Nashville
Healing Arts Research Training Ctr., Memphis  TN Certification Board
HealthConnect America, Statewide  TN Mental Health Consumer’s Association
Helen Ross McNabb Center, Knoxville  TN Assoc. of Drug Court Professionals
Here’s Hope Counseling Ctr., Dyersburg  Turning Point Recovery Residences, Nashville
Highpoint, Johnson City  Vista Recovery Systems, Johnson City
Hope of East Tennessee, Oak Ridge  Welcome Home Ministries, Nashville
Innovative Counseling and Consulting, Memphis  WestCare TN, Statewide
Jack Gean Shelter, Savannah  YANA, Nashville

Affiliate and Individual Members

Addiction Campuses
Ammon Analytical Labs
Bradford Health
Cumberland Heights, Nashville

Mirror Lake Recovery Center
TN Assoc. of Alcohol & Drug Abuse Counselors
TN Education Lottery
TN Professional Assistance Program

Leland Lusk
John McAndrew
Wayne McElhiney
Harold Montgomery
Melody Morris
Judge Seth Norman
Butch Odom

Nathan Ridley
Brad Schmitt
Sheila Shelton
George Snodgrass
Lawrence Wilson
Richard Whitt
The Tennessee Association of Alcohol, Drug and other Addiction Services (TAADAS) began March 26, 1976 when a group of concerned Tennesseans joined together in Chattanooga for the purpose of “creating and fostering a statewide association to promote common interest in prevention, control, and eradication of alcoholism and other drug dependency.” The TAADAS mission is to educate the public and influence state/national policy decisions in order to improve services to those who are affected by alcoholism, drug dependency and other addictions. TAADAS programs are funded in part by grants from the Tennessee Department of Mental Health and Substance Abuse Services, Division of Alcohol and Drug Abuse Services. As a statewide association made up of prevention programs, treatment agencies, recovery services and private citizens, TAADAS strives to be the Voice for Recovery in Tennessee through its membership and many programs.

Alcohol and other drug dependence is a primary, chronic, progressive and potentially fatal disease. Its effects are systemic, predictable and unique. Without intervention and treatment, the disease runs an inexorable course marked by progressive crippling of mental, physical, and spiritual functioning with a devastating impact on all sectors of life — social, physiological, family, financial, vocational, educational, moral/spiritual, and legal. TAADAS is committed to helping the public understand that addiction is a treatable illness and that millions of people achieve recovery.

**TAADAS’s purpose is to:**
- Promote common interest in the prevention, control and eradication of alcoholism, drug dependency and other addictions;
- Work with and facilitate cooperation with all agencies interested in the health and welfare of the community;
- Impact legislation regarding alcohol and drug abuse and other addictions;
- Educate the community regarding alcohol and drug abuse and other addiction issues;
- Encourage and support the development of alcohol and drug abuse and other addiction services in areas that are underserved;
- Enhance the quality of services provided by Association members;
- To serve as a resource for Association members; and
- To further fellowship among those members.

**TAADAS Membership**
Through its association membership and by networking with public policy makers, TAADAS keeps alcoholism, drug abuse and other addiction issues in the forefront when public policy decisions are made and through the collective voice of its members, TAADAS directly impacts the important issues facing the addiction services field today. Membership benefits include:

- Expand knowledge – TAADAS has a statewide Clearinghouse of extensive resources and statewide training opportunities
- Impact public policy
- Networking opportunities that promote advocacy and best practices. TAADAS Committees address data and outcomes measurement, legislative advocacy and consumer support
- Publish in the TAADAS Times Newsletter
- Discounts at Recovery Books & Things
- Discounted hotel rates
- Credit union membership
APPLICATION FOR MEMBERSHIP IN TAADAS

Membership shall be open to individuals or entities with an interest in addiction, co-occurring, prevention, or recovery support services and subject to payment of membership dues. **Organizational Member** - Any non profit or governmental organization or entity that is state contracted to provide addiction, co-occurring, prevention or recovery support services is eligible to become an Organizational Member of TAADAS.

**Affiliate Member**—Any organization or business that is affiliated with or wishes to support the efforts of the A&D provider and recovery community.

**Individual Member** - Individual membership is open to any individual with an interest in addiction, co-occurring or recovery support services in Tennessee.

**Student or Retiree Member**—Individual membership open to anyone with an interest in addiction, co-occurring or recovery support services in Tennessee who is retired, unemployed or enrolled in a higher education program or is working towards a LADAC.

### Annual Dues*

<table>
<thead>
<tr>
<th>Category</th>
<th>Annual Revenue Range</th>
<th>Dues</th>
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</thead>
<tbody>
<tr>
<td><strong>Organizational/Affiliate</strong></td>
<td>$100,000 - $500,000</td>
<td>$500</td>
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<tr>
<td><strong>Organizational/Affiliate</strong></td>
<td>$500,000 - $1,000,000</td>
<td>$1000</td>
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<tr>
<td><strong>Organizational/Affiliate</strong></td>
<td>$1,000,000 - $2,000,000</td>
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<tr>
<td><strong>Organizational/Affiliate</strong></td>
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<tr>
<td><strong>Individual</strong></td>
<td></td>
<td>$100</td>
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<tr>
<td><strong>Retiree or Student</strong></td>
<td></td>
<td>$50</td>
</tr>
</tbody>
</table>

*Minimum suggested leadership pledge ... you may pledge more

Please send your completed application to TAADAS at 615-780-5905 (fax) or taadas@taadas.org
SAVE THE DATE!

TAADAS Day on the Hill

Wednesday, February 8, 2017

Focusing on the Economic Impact of Untreated Addiction...

“You can’t get ahead of an epidemic without an investment in treatment!”

Goal

Tennessee Association of Alcohol, Drug and Other Addiction Services (TAADAS) and Tennessee Association of Mental Health Organizations (TAMHO) are asking for $14 million to provide statewide funding to assist communities across Tennessee with addressing opioid use, prescription drug abuse, NAS births, generational substance abuse, and the emerging use of heroin and synthetic drugs.

Take Action

Visit https://www.taadas.org --> our-programs-and-services --> advocacy to find links to determine your legislator, legislators’ voting records, information on addiction in Tennessee, and talking points for treatment funding.

Get Assistance

TAADAS will assist you with scheduling an appointment with your legislator for an individual meeting or with like-minded individuals facing the same concerns. To schedule, please contact kathleen@taadas.org.