Mental Health Parity & Budget Amendments
Final Week of Action

Let's get it done!

The Mental Health Parity Bill (SB2165-Briggs/HB2355-McCormick) was approved by the Senate Finance Ways & Means Committee and was sent to the Senate Calendar & Rules Committee to be scheduled for a Floor vote. In the House, the bill is in the House Finance Ways & Means Subcommittee where it will probably be placed "Behind the Budget" at the next meeting. Both Senate and House Budget Appropriations Committees have concluded their hearings for legislators to explain their budget amendments. Final decisions on these budget amendments will most likely take place this week.

The purpose of the parity bill is to help ensure that consumers and employers get what they pay for when they purchase health insurance, and it provides insurance carriers and the Tennessee Department of Commerce & Insurance with guidance as to how they can demonstrate compliance with mental health parity. The opioid epidemic is the most dire public health crisis facing Tennessee at this time. This bill is one of the solutions needed to save lives and to help those facing addiction return to a normal functioning life.

While it is important to focus energy on preventing addiction, it is just as important that those already affected by addiction get the medical treatment they need through available health insurance coverage.

Please contact your respective state senators and ask them to vote YES on SB2165. (An extra bonus would be to ask them to sign on as a co-sponsor!) Also, please contact the House Finance Ways & Means Subcommittee to express support for HB2355.

The Tennessee General Assembly will probably adjourn in a couple of weeks, so contacting these legislators as soon as possible is extremely important. TAADAS wants to thank everyone for their work and support during this legislative session. Your efforts make a difference.
I entered the Tennessee General Assembly in 2014 with health care at the top of my policy priority list. Coincidentally, my first days in the legislature were spent in an extraordinary session during which my colleagues and I were to debate Insure Tennessee, Governor Bill Haslam’s take on Medicaid (TennCare) expansion. The subject matter was relatively straightforward for something as incredibly complex as health care policy: our state would be reimbursed with billions of tax dollars we paid to the federal government for the purpose of providing hundreds of thousands of Tennesseans in the “coverage gap” access to health care. Unfortunately, the debate ended before it ever began, and I was made acutely aware of how difficult it would be to accomplish anything related to health care policy in the state legislature.

Having a sincere interest in mental health care and drug and substance use, these areas quickly became a focus of mine. As I always do before tackling an issue or drafting legislation, I set about extensively researching and gathering information from those much more knowledgeable than I on the subject, including my co-authors on this article. Over the years, I have routinely commented that every single person in this state, including myself, or one of our loved ones has been directly affected in one way or another by mental illness or drug and substance use. By now, everyone is keenly aware of our opioid crisis, but our addiction problems go even deeper than that. As I have travelled across the state, my conversations with individuals and leading health care advocates, as well as reliable data, have confirmed the feared extent of our problems to be true. However, something else I came to learn was just as concerning - only a small percentage of Tennesseans have access to sufficient mental health care or addiction services, including the individuals and families with health insurance.

Mental health and addiction treatment has long been shortchanged by our nation’s health care system. (Our state’s prison system takes this issue to a whole other level, but I will save that discussion for another article.) Even though one in five Americans per year has a treatable mental health or substance use condition, routine check-ups do not typically include a behavioral health assessment. You get a flu shot to keep from getting the flu, but people do not usually enter mental health services until a crisis damages their lives and livelihoods. That is why federal health insurance laws now require most health plans to cover behavioral health at the same level as medical or surgical care.

Mental health parity, as this requirement is known, is important because millions of Americans could be better off and more productive with appropriate mental health or substance use care. Each year, 44 million adults in the U.S. have some form of mental illness and 20 million have a substance use disorder. This confirms that almost every one of us or someone we love has experienced a problem with mental health or substance use.

Even though mental health conditions are common, it is hard to acknowledge the need for professional help. So, when people run into problems getting their health plan to pay for behavioral health treatment, many just go without care and try to tough it out.
It is killing us.

Suicide rates in our country have risen steadily over the last 15 years. Drug overdoses are at an all-time high. Each day, 121 Americans take their own lives, and 142 die from a drug overdose. In Tennessee, there are five overdose deaths per day – twice the national average.

Without the right care, mental health and substance use disorders can lead to problems at home, at school, or on the job. All too often, a crisis hits, families fracture and the person ends up on their own with a pile of legal trouble and debt and no place to live. And it goes downhill from there.

Two federal laws are designed to help people get the right behavioral health care when they need it. In 2008, President George W. Bush signed the Mental Health Parity and Addiction Equity Act, a bipartisan bill sponsored by the late Senators Paul Wellstone and Pete Domenici. The law states that if large employer health plans cover mental health and addiction, then benefits must be at the same level as medical and surgical care. In 2010, the Patient Protection and Affordable Care Act (ACA) extended parity requirements to individual and small group health plans. Under the ACA, these plans are required to offer behavioral health as one of ten categories of essential health benefits.

You may now be asking yourself, “If these laws have been on the books for years, why is it still so hard to get insurance to pay for mental health and substance use care?” One problem is that the law is not enforced. In part, this is because multiple federal and state agencies are responsible for the various types of health plans. When everyone is in charge, no one is in charge. The second obstacle is that the regulations specifying what insurers must to do comply with parity were not issued until 2013 for private insurance and 2016 for Medicaid (TennCare in Tennessee). Again, health care policy is complex, and insurance carriers are still working out the details with the state and federal governments. But there also seems to be a fair share of foot-dragging on both sides.

Under parity law, states are responsible for holding health plans accountable. That is why I have been working with Senator Richard Briggs (R-Knoxville) and Rep. Gerald McCormick (R-Chattanooga) on legislation to enforce mental health and addiction parity in Tennessee. Our bipartisan efforts resulted in passage of HB480 earlier this year. This law holds managed care organizations (MCOs) participating in the TennCare programs accountable for compliance with parity laws and requires the bureau of TennCare to monitor the MCO’s to ensure compliance. We intend to build on this success in 2018 with a more comprehensive bill that makes clear the state’s responsibility to monitor and enforce parity through the Department of Commerce and Insurance and the bureau of TennCare. Our bill would also require health plans to submit regular reports demonstrating their compliance with parity laws. This is something Tennessee plans should be doing anyway, but we want to make sure it happens in a timely and meaningful way.

Another major reason we have yet to achieve true mental health parity is that enforcement relies on consumers. Federal law stipulates that the government is only bound to take action if health plan members file complaints. However, only four percent (4%) of the public even knows about parity, according to a survey by the American Psychological Association, and far fewer know what a parity problem looks like. To raise awareness, we have another bill pending in the legislature that would require public education on
Parity … Continued

parity rights and the complaint and appeal processes. Meanwhile, I want to bring you up to speed on the basics.

What are the signs that you may have a parity issue? It is a matter of whether your health plan’s mental health and substance use benefits are more limited, your out of pocket costs are higher for these services, or behavioral health treatment requests are reviewed more stringently than general medical care. A health plan may be running afoul of parity law by:

- Covering fewer outpatient visits or hospital days for behavioral health;
- Denying coverage for residential mental health or addiction treatment when step down care for other conditions is covered;
- Restricting the list of covered behavioral health medications or charging a higher copay;
- Requiring stricter treatment review based on medical necessity;
- Denying care without giving you the reason why in writing, or the standards used; and,
- Using more stringent procedures to recruit and credential behavioral health providers.

Faced with a service denial from their health plan, few people file complaints for any health issue. When a mental health crisis hits, I understand that dealing with insurance paperwork is the last thing on your mind.

But, at last, there is good news! Filing a complaint is worth the effort, and the state can help you do it. Health insurance appeals are often decided in favor of the health plan member. Also, TennCare and the Tennessee Department of Commerce and Insurance provide free expert help with the complaint process.

We are in a world of hurt right now. Let’s spread the word and do what it takes to fulfill the promise of mental health and addiction parity in Tennessee. Better access to behavioral health care would help individuals lead more satisfying lives, keep families whole, and strengthen the workforce. By working together, sharing information, and raising awareness of mental health and addiction issues, we will all benefit in the long run.

Sources:
https://www.samhsa.gov/disorders
https://afsp.org/about-suicide/suicide-statistics/
Public Chapter 221, 5/3/17

For information or assistance:
National Alliance on Mental Illness, NAMI:
https://www.nami.org/parity

TennCare Complaints and Appeals:
1-800-878-3192
https://www.tn.gov/tenncare/topic/how-to-file-a-medical-appeal

Tennessee Department of Commerce and Insurance, Consumer Affairs:
615-741-2218
CIS.Complaints@state.tn.us

Office of Rep. John Ray Clemmons
Cordell Hull Building, Ste. 424
425 Fifth Avenue North
Nashville, TN 37243
615-741-4410
The Tennessee Coalition for Mental Health and Substance Abuse Services (TCMHSAS) is comprised of more than 30 statewide and local organizations that promote mental wellness and substance abuse recovery through advocacy, education and service. The Coalition’s goal is to identify sound public policy and promote legislation that will help Tennesseans live productively and receive quality behavioral health and substance abuse services in the least restrictive environment.

TAADAS is a member of the Coalition and participated in the Coalition’s Day on the Hill on March 7th. The Coalition thanked the Governor and Legislature for the investment of $15 million in Pre-Arrest Diver-sion Infrastructure in the FY ’18 budget as well as funding TN TOGETHER - (focused on opioid prevention, treatment & enforcement) and other investments in community-based mental health & substance abuse services in the FY ’19 budget.

During the Day on the Hill event the Coalition expressed concern that the budget does not include funding for essential peer support services at in-patient facilities, which reduce recidivism at the four Regional Mental Health Institutes while increasing community treatment engagement after discharge. The Coalition asked for $425,000 to sustain these essential services as proposed and requested by TDMHSAS.

The Coalition also expressed support for the parity legislation SB1884 (Briggs) / HB1873 (McCormick) ensuring mental health and substance use conditions are covered and accessible equally with other medical conditions in accordance with state and federal insurance laws.

The participants were addressed by several Gubernatorial candidates by video as well as several Legislators including Speaker Beth Harwell and Senator Richard Briggs. The agenda included voter education information and voter registration. Leaders from key state initiatives also addressed the group regarding suicide prevention efforts, adverse childhood experiences and trauma. Tamara Martin, an Oklahoma City bombing survivor spoke regarding her experiences and subsequent involvement in ACES awareness.
News from Capitol Hill

April 2018
Nathan Ridley, Esq.

Haslam Victory Lap. With the heavy political lift of working for the enactment of the fuel tax in 2017 in his rear view mirror, many conventional thinkers saw Governor Haslam without a significant legislative agenda in 2018. Sometimes we forget the wisdom of the anecdote, “Man plans, and God laughs.” With an opioid epidemic ravaging the state, Governor Haslam has proposed significant legislation putting limits on prescriptions in an effort to decrease the easy availability of the lawful drugs. The Governor has also proposed an increase in treatment resources. Governor Haslam has also worked for the passage of the Juvenile Justice Reform Act of 2018. This legislation is the work product of a long running task force that has held countless hearings. Not surprisingly, the bill attempts to smooth out the rough edges of a system where the disposition of your case as a juvenile offender largely depends on the zip code of your residence. In the urban areas, the emphasis is on home and community based programming; in the rural areas, the emphasis tends to be on confinement. Governor Haslam has also worked for the passage of legislation downsizing the University of Tennessee Board of Trustees to more closely resemble the new structure for the state’s other four year institutions. Last but not least, Governor Haslam, in response to the Parkland, Florida school shootings, has proposed resources for school security in the form of a $30 million budget amendment largely for additional school resource officers.

2018 Qualifying Deadline. Thursday, April 5, is just another day on the calendar to most of the motoring public, but the political nerds in the state see noon that day as the qualifying deadline for candidates for the August and November 2018 election cycle. After April 12th’s deadline to withdraw as a candidate, the fields will be set. About 25 to 30 House members will not seek reelection, including Speaker Beth Harwell, Deputy Speaker Steve McDaniel, Finance Committee Chair, Charles Sargent, and Democratic Leader Craig Fitzhugh. With the departure of just those four members, over 100 years of legislative experience will walk out the door. The changes in House leadership along with a new governor in 2019 will give us significant changes in the state’s leadership.

Cannabis. Medical marijuana has generated far more conversation during the current session, than many crystal balls would have foreseen in January. Buoyed by pretty polling numbers in Tennessee, and the efforts in 29 others states and the District of Columbia which have now authorized some form of medical marijuana usage, the advocates have worked hard to overcome legislative objections in the House. The bill’s first hearing in the Senate Judiciary Committee is this week. With Lieutenant Governor and Speaker Randy McNally leading the opposition, the bill’s path to passage appears hazy at best.

New Member. The State Senate has recently welcomed Shane Reeves of Rutherford County as its newest member. The seat was formerly held by Jim Tracy who has resigned to accept a position with the United States Department of Agriculture. Reeves represents the 14th State Senate District which covers Bedford, Lincoln, Marshall, Moore and part of Rutherford counties. Republican businessman Reeves received over 70% of the vote in the March special election in his race against Democratic candidate attorney Gayle Jordan.
Member Checklist.
Mark Tuesday, May 1 on your calendar for the local primary election in 57 or our 95 counties. Early voting begins Wednesday, April 11, for that election. Importance lies in exercising our political muscles or they tend to atrophy.

Review the Tennessee Secretary of State’s new online voter registration system. It works for new voters as well as anyone needing to update his or her address. Of course, be sure everyone in your shop is registered to vote and that the registration has a current address. 2018 is going to be a busy election year.

Calendar Notes: State and TAADAS offices will be closed Monday, May 28, 2018, for the Memorial Day holiday.

Mule Day in Columbia, Tennessee is Saturday, April 7. The next governor of Tennessee will be there as all the major candidates ponder the best approach in an event designed to honor a beast of burden. This special festival will be the first of many in the Spring as they fill our calendars along with others such as Cherry Blossom, Dogwood Arts, Ramp Tramp, and the World’s Largest Fish Fry. These events present nice opportunities to engage as the opinion and thought leaders we strive to become.

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Nathan Ridley serves as Legislative Counsel for TAADAS and is an attorney with the Nashville firm, Bradley Arant Boult Cummings LLP. You may contact him by e-mail at

Bradley Arant Boult Cummings LLP

Board of Alcohol and Drug Abuse Counselors

Upcoming Meetings:

April 20, 9 am
July 13, 9 am
October 5, 9 am

665 Mainstream Drive, Poplar Room
MetroCenter, Nashville, TN
On March 13th, Mary-Linden Salter addressed the graduates of the Davidson County MH Court, along with Attorney Anne Martin, Public Defender Martesha Johnson, and the MH Court Board President, Bob Tuke.

Other TAADAS members in attendance included Jerry Vagnier of H.R. McNabb and Linda Leathers of The Next Door. The event included TDMHSAS Commissioner Marie Williams and others who answered questions and discussed the impact of the initiative.

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There's a new housing option for those facing addiction, CADAS opened a 24-unit sober living apartment complex on the North Shore in Chattanooga. The goal is to help those in the process of recovery stay on track. "It's time for answers, these apartments are a part of that answer," said Paul Fuchcar, CADAS Executive Director. February 16, CADAS opened up a 14,000 square foot complex that hopes to help those struggling with addiction. "If we can do that, the chances of them staying sober according to studies is 70% so we're excited to try to have a program that's going to get them over the hump," Fuchcar said.

That hurdle is one year, but staying clean for that long can be a challenge and people can relapse. The units come fully furnished, and there are programs available next door for them to maintain recovery. But as each resident that day emphasized, it gives people a place they can finally call their own.

Congratulations to CADAS!

The White House Opioid Summit was held on March 1. Attendees included President Donald J. Trump, cabinet members, and the surgeon general who detailed programs and voiced ideas to fight the opioid epidemic.

"It's a problem that is growing," Trump said. "People go into the hospital with a broken arm and they come out addicted, and they don't even know what happened." His administration plans to roll out new policy over the next 3 weeks, and it will be "very, very strong," Trump said. (CNN)

The Summit gathered people from all over the country to discuss the current crisis facing our nation. Providers, local and state officials, and families who have lost loved ones to addiction were invited. Attending from Tennessee: Judge Duane Sloan; Dr. Monty Burks, director of Faith-Based Initiatives; Debbie Hillin with Buffalo Valley, Incorporated; and Cheryl Godwin, CADAS. Cabinet members included Alex Azar, Ben Carson, David Skulkin, and Jeff Sessions who addressed the group and answered questions from the audience.

TAADAS Member Events

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Congratulations to CADAS!
TAADAS runs a 24 hour a day, 7 day a week, statewide addictions treatment referral hotline called the TN REDLINE. A new process for caller ‘warm handoffs’ was implemented that we hope will identify callers who are most at risk and help them make a stronger connection with a provider. Callers who are indigent and who are using opiates and alcohol, in particular, will be offered more than just a list of providers to contact, they can be connected directly on the phone to one of the state contracted providers that meets their needs. This ‘warm handoff’ to a provider is intended to help the caller connect and engage with a provider, understand the referral and admission process for that agency and follow up to access services. Callers who are most at risk, those who are pregnant, injecting drugs intravenously, have a history of overdose or who are abusing alcohol will be encouraged to accept a call transfer to a provider. TAADAS has hired several new staff that are Peer Recovery Specialists who can help offer the hope and encouragement that may be needed for callers to accept a transfer.

TDMHSAS has implemented updates to their website and a page for the TN Together initiative that highlights access to care as well as other executive actions to attack the state's opioid epidemic. Please visit: https://www.tn.gov/opioids/treatment.html
COD Learning Communities

The COD Learning Communities, both Regional and Statewide, exist to support the TNCODC Strategic Initiative’s goal to enhance Tennessee’s Co-Occurring Disorders System of Care. The Learning Communities’ specific mission is to support universal co-occurring capability for programs and staff.

Three Regional COD Learning Communities are in place at the Grand Division level – West-Middle-East. Below is the meeting schedule and topic for the next meetings. Contact Patrick Slay with any questions at si@tncodc.com, 615-244-2220, ext. 11.

- West - Memphis, April 19, 9:30-12:00, topic: agency share on services and resources
- East - Knoxville, May 1, 9:00-12:00, topic: MAT
- Middle - Nashville, summer – to be announced

Free Feedback and TA on the COMPASS-EZ

As part of the COD Learning Community offerings and to help in agency and program improvement in co-occurring capability, we are planning face-to-face sessions with Dr. Ken Minkoff to provide feedback and technical assistance on the COMPASS-EZ. These are being planned for May/June and more information will be forthcoming. This opportunity is free of charge through the COD Learning Community and is open to interested programs or agencies that have been using the COMPASS-EZ tool. Contact Patrick Slay with any questions at si@tncodc.com, 615-244-2220, ext. 11.

The Tennessee Department of Mental Health & Developmental Disabilities, Division of Alcohol & Drug Abuse Services, offers services for problem gamblers and their loved ones. If you or someone you know is concerned about gambling, please contact the following agency:

The Gambling Clinic at the University of Memphis 901-678-STOP (7867) www.thegamblingclinic.memphis.edu E-mail: gambling@memphis.edu
Helen Ross McNabb Center has been named the recipient of the National Council for Behavioral Health’s 2018 Excellence in Addictions Treatment Award for its neonatal abstinence syndrome (NAS) continuum of care. The award will be presented in Washington, D.C. during the Awards of Excellence celebration in conjunction with the National Council Conference - NatCon18.

The National Council for Behavioral Health’s Awards of Excellence recognize and honor organizations in behavioral health care for their ingenuity, hard work and dedication to improving the lives of Americans living with mental illnesses and addictions.

The Helen Ross McNabb Center offers a broad range of mental health, addiction and social services. One unique option being recognized by the National Council is the Center’s NAS continuum of care. Within this continuum the Center offers four distinct programs designed to serve pregnant and parenting women and infants born with NAS. The programming also provides women with better access to treatment and keeps women engaged in the process of accessing treatment.

The NAS continuum of care is targeted at serving pregnant and postpartum women who have given birth to a child diagnosed with NAS or are at risk of giving birth to a child with NAS. In addition, the continuum serves a subpopulation of women and children who have come to the attention of the Department of Children’s Services due to the drug use/exposure of the child. Through the NAS continuum of care the Center works to achieve its mission of “improving lives of the people we serve.”

The Excellence in Addictions Treatment Award recognizes an organization that has provided effective addictions education and prevention programs in the community or improved treatment outcomes for people with addictions disorders through innovative, science-based programs and services.

Hailed as health care’s behavioral health conference, NatCon18 will convene more than 5,000 behavioral health professionals who will discuss processes, solutions and outcomes that transform the behavioral health landscape.

Helen Ross McNabb Center Celebrates 70 Years of Improving Lives

Over the past seven decades, the Helen Ross McNabb Center has been the premier provider of behavioral health services in East Tennessee. Throughout the Center’s history, it has always found ways to serve those in the community with the most need and fewest resources.

In its 70 year history, the Center has developed programs to provide alcohol and drug prevention, treatment and aftercare services. These programs advocate for and emphasize the importance of readily available, quality services for all East Tennesseans. The Center has kept a strong vision through its history, staying focused on clients first. With this focus in mind, the Center continues to deliver quality and compassionate care, demonstrate effectiveness, inspire its staff and build upon the spirit of its founder. As we celebrate 70 years of service, we celebrate our partnership with the Tennessee Association of Alcohol, Drug and other Addiction Services. We look to the future knowing that partnerships with associations like TAADAS allow us to continue our mission of “improving the lives of the people we serve.”
Roane County Recovery Roundtable

The Kingston Church of Christ hosted our **Roundtable in Roane County** on March 23, 2018. Daryl Murray (pictured left) hosted the event. Daryl is the Chair of the Recovery Support and Criminal Justice Committee for TAADAS. There were 64 people in attendance. Monty Burkes, Director of Faith Based initiatives From TDMHSAS described the Life line project as well as the process to become a Recovery Congregation. Marie Crosson from the TN Recovery Court Association presented an overview of the Core functions for Recovery Courts.

**Thanks to all who participated!**

**ABOVE:**
Treatment Services Panelists: Nathan Zeiger, Ridgeview; Brad Franks, Helen Ross McNabb; Janice Church, Westcare; Allen Roberts, Hope of East TN; Lori McCarter, Serenity Network; and Ben Young, Bradford Health Services

**ABOVE:**
Recovery Support Panelists: Ashley Freeberg, Roane County Recovery Court; Jason Goodman, Project Lifeline; Leslie El-Sayad, NAMI TN; Sarah Harrison, Roane County Anti-Drug; Amy Coble, DCS; Leslie Brewer, Bread of Life Lt. Maretta Nichol, Roane County Sheriff’s Department Jail Administrator

**RIGHT:**
Daryl Murray is shown welcoming the large audience for the Roundtable.
TAADAS typically meets in Suite 130 at 1321 Murfreesboro Pike at 10 am on the second Thursday of each month and will meet this quarter on:

**April 12, at Aspell Recovery Humbolt, TN**
May 10
June 14

For information please contact:
Mary Linden Salter, Executive Director
615-780-5901, x-118
marylinden@taadas.org

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**TAADAS Training**

**Medication Assisted Treatment: Building Practice, Community and Resilience**
April 16, 2018
Kate Jiggins, LPCC-S, LICDC-CS
Goodwill Career Solutions Center
937 Herman Street
Nashville, TN 37208
12:30 PM-4:00 PM CDT

**Medication Assisted Treatment: Building Practice, Community and Resilience**
April 17, 2018
Kate Jiggins, LPCC-S, LICDC-CS
Kingston Church of Christ Family Center
171 W. Spring Street
Kingston, TN 37763
8:30 AM-12:00 PM EDT

**Seeking Safety Training-Nashville**
May 18, 2018
Fern Richie, DSN, APRN-BC
Goodwill Career Solution Center
937 Herman Street
Nashville, TN 37208
8:30 AM-4:00 PM CDT

**Prevention Ethics-Nashville**
May 22, 2018
Camille Lashlee, MA, CPS II
Goodwill Career Solution Center
937 Herman Street
Nashville, TN 37208
8:30 AM-4:00 PM CDT

**Motivational Interviewing-Knoxville**
May 25, 2018
Charlie Hiatt, LPC/MHSP, QSAP, MAC, CAADC
United Way of Great Knoxville
1301 Hannah Ave
Knoxville, TN 37921
8:30 AM-4:00 PM EDT

**Clinical Supervision Ethics-Nashville**
June 8, 2018
Richard Nance, LCSW
The Center for Change
417 Welshwood Dr, Suite 103
Nashville, TN 37211
8:30 AM-12:30 PM CDT

**Recovery Roundtable-Hardeman County**
June 22, 2018
Mary Linden Salter, LCSW and panelists
Western Mental Health Institute
11100 Highway 64
Bolivar, TN 38008
9:00 AM-3:00 PM CDT

**Clinical Supervision Training-Jackson**
Ed Johnson and Karen Garrett
June 6-7, 2018 or June 13-14, 2018
TBD

**TAADAS Carnival**
June 2, 2018
Coleman Park
384 Thompson Ln
Nashville, TN 37211
10:00 AM-2:00 PM CDT
PARTNERS IN PREVENTION
2018 Statewide Conference

SAVE THE DATE
Wednesday, May 23 and Thursday, May 24, 2018
Lipscomb University, Nashville, TN

More Details Coming Soon!
www.pipconference.com

Presented by:

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COALITION FOR HEALTHY AND SAFE CAMPUS COMMUNITIES

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GRADUATE STUDIES IN COUNSELING WITH ADDICTIONS SPECIALIZATION

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Tennessee Certification Board

TN Department of Mental Health & Substance Abuse Services
This project is funded by the Tennessee Department of Mental Health and Substance Abuse Services.
Journey Together Conference 2018

September 3, 4, 5, 6
Marriott Cool Springs, 700 Cool Springs Blvd, Franklin, TN 37067

Plenary Speakers 2018

Lucy Billings-Robbins, LADAC II
The Little Things That Make Us Great:
The Anatomy of Counseling
William Glasser Institute

Jessica Wong, CPP
Warp Speed:
Parenting and Working with Teens in a Digital Age
Hazelden Betty Ford Foundation
Hope
As long as there is life, there is hope.

ACCESS
Staying informed will be helpful when services are necessary.

RECOVERY
is real!

- Keep up with current co-occurring disorder events/trends
- Access the latest perspectives related to the impact of co-occurring disorders on: 1) families, 2) communities; 3) local and state level policy and legislative matters, 4) judicial and criminal justice systems; and, 5) business and workforce
- Order educational and awareness materials
- Sign up with TNCODC to stay current on co-occurring disorder updates
- Request educational presentations
- Download a TNCODC link banner to place on your agency or organization website and so much more!
Finding resources for children in Tennessee has never been easier.

With the Kid Central app, you’ll get mobile access to state services, receive useful notifications and have important contact info on the go.

Visit [http://kidcentraltn.com/](http://kidcentraltn.com/) for more information and to download the app for android or iphone.
Help us to bring recovery support services to more Tennesseans

Designate TAADAS as the recipient for your Kroger Plus and Amazon Smiles rewards purchases. It’s easy to do and helps us to do more for the recovery community in Tennessee!

Amazon Smiles is as easy as 1 - 2 - 3!

1. Sign in to www.smile.amazon.com on your desktop or scan the Amazon QR code below with your phone.
2. From your desktop, go to Your Account from the navigation at the top of any page, and then select the option to Change your Charity.
3. Or, from your mobile browser, select change your charity from the options at the bottom of the page. Select TAADAS as your new charitable organization to support.

Scan Here for Amazon

Kroger Community Rewards: How to Register

Use your existing Kroger Plus Card or get a new one from the customer service desk.

Visit www.krogercommunityrewards.com (scan the QR code below if you have a smartphone).

Sign up for an online account using the “new customer” box unless you already have an online account.

Once signed up retrieve the confirmation email and confirm your new account.

Now visit your new account and upload new Kroger Community Rewards - input your Kroger plus Card Number.

Now enter the NPO 32194 and click confirm.

Your recipient organization’s name should now appear on the right side of the information page.

If you use your phone number at the register Call 1.800.676.4377 and select option 4 to get your Card Number.

You must swipe your card or use your phone number to get credit for any one purchase.

Scan Here for Kroger

Two Great Programs

One Awesome Cause!
Get Connected. Stay Engaged.
www.TAADAS.org

Our Mission
To educate, support and engage our members and public, influence policy and advocate for prevention, treatment and recovery services.

24/7 Support
Do you need help with addiction? Call the Tennessee REDLINE for 24 hour assistance 1.800.889.9789

Order Free Addiction and Recovery Literature
We offer free addiction and recovery literature shipped right to your door anywhere within the state of Tennessee. Just type in a few key words and add the literature you want to your cart, it’s free! https://www.taadas.org/free-literature

Support Recovery in Tennessee Become a Member
Join us in bringing awareness of addiction and mental health issues to the community and creating change through legislative efforts. There are several levels of membership available, join now.
https://www.taadas.org/membership-info/membership-application

Get Your Training With Us
TAADAS offers professional trainings statewide, the current offerings can be viewed on nearly every page of our website on the left hand side of the screen.
https://www.taadas.org/training

Borrow Our Conference Room
We have a conference room that seats upward of 50 people, you can reserve the room online.
https://www.taadas.org/the-conference-room

Sign Up for Our Emails
We stay on top of current trends related to addiction and recovery services in Tennessee. If you’re interested in regional trainings, legislative reports, advocacy efforts or general addiction and recovery information then sign up!
https://www.taadas.org/contact-us/sign-up-for-our-emails
We thank the following members for their support and involvement in our organization!

Jon Jackson, President      Norman Miller, President Elect      Linda Leathers, Treasurer

Organizational Members

12th Judicial District Recovery Court  12th Judicial District Recovery Court
Aspell Recovery Ctr., Jackson  Aspell Recovery Ctr., Jackson
Buffalo Valley, Hohenwald  Buffalo Valley, Hohenwald
CADAS, Chattanooga  CADAS, Chattanooga
CADCOR, Murfreesboro  CADCOR, Murfreesboro
Case Management Inc., Memphis  Case Management Inc., Memphis
Cannon County Board of Education  Cannon County Board of Education
Centerstone, Nashville  Centerstone, Nashville
Church Health Center of Memphis  Church Health Center of Memphis
Clay County Anti-Drug Coalition, Celina  Clay County Anti-Drug Coalition, Celina
Comprehensive Community Services, Johnson City  Comprehensive Community Services, Johnson City
Crossbridge, Inc. Nashville  Crossbridge, Inc. Nashville
Cumberland Heights, Nashville  Cumberland Heights, Nashville
E.M. Jellinek Center, Knoxville  E.M. Jellinek Center, Knoxville
First Step Recovery Center, Memphis  First Step Recovery Center, Memphis
Freeman Recovery Center, Dickson  Freeman Recovery Center, Dickson
Friend of Bill’s Recovery Houses, Lebanon  Friend of Bill’s Recovery Houses, Lebanon
Frontier Health, Gray  Frontier Health, Gray
General Session Treatment Court, Nashville  General Session Treatment Court, Nashville
Grace House, Memphis  Grace House, Memphis
Grandpa’s Recovery House, Smyrna  Grandpa’s Recovery House, Smyrna
Hamblin County Drug Court, Morristown  Hamblin County Drug Court, Morristown
Harbor House of Memphis, Memphis  Harbor House of Memphis, Memphis
Healing Arts Research Training Ctr., Memphis  Healing Arts Research Training Ctr., Memphis
HealthConnect America, Statewide  HealthConnect America, Statewide
Helen Ross McNabb Center, Knoxville  Helen Ross McNabb Center, Knoxville
Here’s Hope, Counseling Ctr., Dyersburg  Here’s Hope, Counseling Ctr., Dyersburg
Highpoint, Johnson City  Highpoint, Johnson City
Hope of East Tennessee, Oak Ridge  Hope of East Tennessee, Oak Ridge
Innovative Counseling and Consulting, Memphis  Innovative Counseling and Consulting, Memphis
Jack Gean Shelter, Savannah  Jack Gean Shelter, Savannah
JACOA, Jackson  JACOA, Jackson
Knox County Recovery Court, Knoxville  Knox County Recovery Court, Knoxville
Madison Treatment Center, Madison  Madison Treatment Center, Madison
Memphis Recovery Center, Memphis  Memphis Recovery Center, Memphis
Mending Hearts, Nashville  Mending Hearts, Nashville
Mental Health America of Middle TN  Mental Health America of Middle TN
Metro Health Department, Nashville  Metro Health Department, Nashville
Overton County Anti-Drug Coalition, Livingston  Overton County Anti-Drug Coalition, Livingston
New Life Lodge, Burns  New Life Lodge, Burns
PAL (Prevention Alliance of Lauderdale)  PAL (Prevention Alliance of Lauderdale)
Park Center, Nashville  Park Center, Nashville
Place of Hope, Columbia  Place of Hope, Columbia
Prevention Alliance of Lauderdale  Prevention Alliance of Lauderdale
Prevention Alliance of Tennessee (PAT)  Prevention Alliance of Tennessee (PAT)
Professional Care Services, Covington  Professional Care Services, Covington
Renaissance Recovery, Knoxville  Renaissance Recovery, Knoxville
Renewal House, Nashville  Renewal House, Nashville
Serenity Centers of TN, Knoxville  Serenity Centers of TN, Knoxville
Serenity Recovery Center, Memphis  Serenity Recovery Center, Memphis
Smith County Drug Prevention  Smith County Drug Prevention
STARS Nashville  STARS Nashville
Synergy Treatment Ctr., Memphis  Synergy Treatment Ctr., Memphis
The Next Door, Nashville  The Next Door, Nashville
TN Certification Board  TN Certification Board
TN Mental Health Consumer’s Association  TN Mental Health Consumer’s Association
TN Assoc. of Drug Court Professionals  TN Assoc. of Drug Court Professionals
Transition House, East TN  Transition House, East TN
Turning Point Recovery Residences, Nashville  Turning Point Recovery Residences, Nashville
Vista Recovery Systems, Johnson City  Vista Recovery Systems, Johnson City
Welcome Home Ministries, Nashville  Welcome Home Ministries, Nashville
WestCare TN, Statewide  WestCare TN, Statewide
YANA, Nashville  YANA, Nashville

Affiliate and Individual Members

Addiction Campuses  TN Alliance of Recovery Residences
American Addiction Centers  TN Education Lottery
Ammon Analytical Labs  TN Health Care Campaign
TN Assoc. of Alcohol & Drug Abuse Counselors  TN Professional Assistance Program

Stephanie Crisp  Wayne McElhiney  Nathan Ridley
Nita Gamache  Harold Montgomery  Brad Schmitt
Jeanice Harper  Judge Seth Norman  James Shiver
John McAndrew  Butch Odom  George Snodgrass
The Tennessee Association of Alcohol, Drug and other Addiction Services (TAADAS) began March 26, 1976 when a group of concerned Tennesseans joined together in Chattanooga for the purpose of “creating and fostering a statewide association to promote common interest in prevention, control, and eradication of alcoholism and other drug dependency.” The TAADAS mission is to educate the public and influence state/national policy decisions in order to improve services to those who are affected by alcoholism, drug dependency and other addictions. TAADAS programs are funded in part by grants from the Tennessee Department of Mental Health and Substance Abuse Services, Division of Alcohol and Drug Abuse Services. As a statewide association made up of prevention programs, treatment agencies, recovery services and private citizens, TAADAS strives to be the Voice for Recovery in Tennessee through its membership and many programs.

Alcohol and other drug dependence is a primary, chronic, progressive and potentially fatal disease. Its effects are systemic, predictable and unique. Without intervention and treatment, the disease runs an inexorable course marked by progressive crippling of mental, physical, and spiritual functioning with a devastating impact on all sectors of life — social, physiological, family, financial, vocational, educational, moral/spiritual, and legal. TAADAS is committed to helping the public understand that addiction is a treatable illness and that millions of people achieve recovery.

**TAADAS’s purpose is to:**
- promote common interest in the prevention, control and eradication of alcoholism, drug dependency and other addictions;
- work with and facilitate cooperation with all agencies interested in the health and welfare of the community;
- impact legislation regarding alcohol and drug abuse and other addictions;
- educate the community regarding alcohol and drug abuse and other addiction issues;
- encourage and support the development of alcohol and drug abuse and other addiction services in areas that are underserved;
- enhance the quality of services provided by Association members;
- serve as a resource for Association members;
- and further fellowship among those members.

**TAADAS Membership**
Through its association membership and by networking with public policy makers, TAADAS keeps alcoholism, drug abuse and other addiction issues in the forefront when public policy decisions are made and through the collective voice of its members. TAADAS directly impacts the important issues facing the addiction services field today. Membership benefits include:

- Expand knowledge – TAADAS has a statewide Clearinghouse of extensive resources and statewide training opportunities
- Impact public policy
- Networking opportunities that promote advocacy and best practices. TAADAS committees address data and outcomes measurement, legislative advocacy and consumer support
- Publish in the TAADAS Times Newsletter
- Discounts at Recovery Books & Things
- Discounted hotel rates
- Credit union membership
## Application for Membership in TAADAS

Membership shall be open to individuals or entities with an interest in addiction, co-occurring, prevention, or recovery support services and subject to payment of membership dues. **Organizational Member** - Any non profit or governmental organization or entity that is state contracted to provide addiction, co-occurring, prevention or recovery support services is eligible to become an Organizational Member of TAADAS.

**Affiliate Member**—Any organization or business that is affiliated with or wishes to support the efforts of the A&D provider and recovery community.

**Individual Member** - Individual membership is open to any individual with an interest in addiction, co-occurring or recovery support services in Tennessee.

**Student or Retiree Member**—Individual membership open to anyone with an interest in addiction, co-occurring or recovery support services in Tennessee who is retired, unemployed or enrolled in a higher education program or is working towards a LADAC.

### Annual Dues*

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>Annual Revenue</th>
<th>Dues</th>
</tr>
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<tbody>
<tr>
<td>Organizational/Affiliate Member</td>
<td>&lt; $100,000</td>
<td>$200</td>
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<tr>
<td>Organizational/Affiliate Member</td>
<td>$100,000-$500,000</td>
<td>$500</td>
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<tr>
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<td>$500,000-$1,000,000</td>
<td>$1000</td>
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<tr>
<td>Organizational/Affiliate Member</td>
<td>$1,000,000-$2,000,000</td>
<td>$1500</td>
</tr>
<tr>
<td>Organizational/Affiliate Member</td>
<td>&gt; $2,000,000</td>
<td>$2000</td>
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<tr>
<td>Individual Member</td>
<td></td>
<td>$100</td>
</tr>
<tr>
<td>Retiree or Student Member</td>
<td></td>
<td>$50</td>
</tr>
</tbody>
</table>

*Minimum suggested leadership pledge ... you may pledge more

### Application Details

- **Date:** ____________
- **Referring Member:** (If Applicable) ____________________________
- **Name:** _____________________________________________________
- **Agency:** ___________________________________________________
- **Address:** ___________________________________________________
- **City:** _____________________________ **State:** _______ **Zip Code:** ________________________
- **Phone:** ___________________________ **Toll Free:** _____________________________
- **Fax:** _____________________________ **Email:** _____________________________
- **Non-Profit:** Yes No
- **Government contracted:** Yes No
- **Agency Website:** _______________________________________________
- **Agency Representative:** _________________________________________
- **Representative Email:** _________________________________________

*Please send your completed application to TAADAS at 615-780-5905 (fax) or taadas@taadas.org*
SAVE THE DATE!
It’s the TAADAS Annual

carnival

When:
Saturday, June 2nd, 2018 from 10am-2pm

Where:
Coleman Park - 384 Thompson Lane, Nashville TN 37211

Details:
Admission is free for children and adults. There will be food, games, rides, prizes, entertainment and crafts!