TAADAS Recovery Month Dinner 2008

On September 11, 2008, TAADAS held its seventh annual Recovery Month to honor individuals in recovery and send the message to all Tennesseans that recovery from addiction is powerful and possible. Approximately 100 individuals gathered to salute those in recovery and the treatment providers and recovery support program officials who contributed to their success.

Each year, TAADAS salutes those individuals who have given back to their communities by reaching out to those who are suffering from addiction. A new honor in 2008, the TAADAS Career Service Recognition Award honors those whose vision, leadership and spirit inspires others and has had a profound and lasting impact on alcohol and drug abuse programs, services and policies in Tennessee. This year, TAADAS salutes a group of individuals who have, through their chosen careers, given back to their communities and the A&D Treatment system through years of dedicated services to the State of Tennessee. Each of these recipients has retired from State service during the past year, and TAADAS salutes their respective achievements and dedication to the field of Addiction Services. Herb Stone, Jay Jana and Pat Wilson (l-r above) are pictured with their awards. Sara Wallace was also honored with the award but was unable to attend.

After dinner, Dr. Clifton Mitchell, entertained and educated the audience as he presented his popular program, “Self-Improvement Through Precision Communication: Using Your Mind for a Change.” For the past 20 years Dr. Mitchell has keynoted at hundreds of conventions, businesses, leadership groups, and civic organizations on effective techniques for improving communications and changing bad habits through an understanding of how the mind works. In this presentation Dr. Mitchell explains how to effectively program the first computer you ever owned — your mind.
The long-held dream of parity in behavioral healthcare is now a reality: The U.S. House of Representatives voted 263-171 to approve the Wall Street bailout bill, which includes a provision that mandates parity coverage for addiction and mental health care, and President George Bush swiftly signed the measure into law.

“This legislation is one more step in the long civil-rights struggle to ensure that all Americans have the opportunity to reach their potential,” said Rep. Patrick Kennedy (D-R.I.), who cosponsored the House bill with Rep. Jim Ramstad (R-Minn.). “For far too long, health insurance companies have used the stigma of mental illness and substance abuse as an excuse to deny coverage for those biological disorders. That ends today when this critical legislation outlaws the discrimination that is embedded in our laws and our policies.”

K. Taylor, executive director of the advocacy group Faces and Voices of Recovery, said “This victory turns the page in how our nation responds to our leading health problem -- addiction to alcohol and other drugs,” said Taylor. “While nearly half of Americans know someone who is in recovery alcohol or drug problems, over 22 million Americans still struggle and have yet to find new lives in recovery; the Wellstone-Domenici bill will help pave their ways.”

The road to passage of the parity bill in the current Congress included the House and Senate passing divergent versions of the measure this spring, followed by sponsors and Congressional leaders coming together over the summer to craft a consensus version of the legislation.

Ultimately, advocates in both houses of Congress decided that the best way to get the legislation passed was to attach it to the bailout bill, the single most critical measure under consideration before Congress goes into recess ahead of the November elections.

News Report by Bob Curley
Join Together, October 3, 2008
A new study from Indiana University concludes that obstetricians and midwives are reluctant to confront patients in prenatal care about substance-abuse issues.

Researchers listened to audiotapes of conversations between pregnant patients and their obstetrical care providers and found that doctors and midwives were uncomfortable discussing alcohol and drug use with their patients, even when talking about the potential health risks of such behavior.

“Pregnant women are sensitive about being asked about substance abuse and some healthcare providers may feel that talking about these issues will compromise the provider-patient relationship,” said Richard Frankel, Ph.D., a co-author of the study. “However, the evidence suggests that the benefits of a frank discussion about substance abuse far outweigh the costs to the relationship.”

The researchers said that more education about drug and alcohol cessation programs will help better equip physicians when asking questions and advising patients who use or are at risk of abusing drugs or alcohol.

The study appeared in the September 2008 issue of the journal Patient Education and Counseling.
Featured Publication

The clearinghouse resource center has numerous publications on substance abuse and related issues. In each edition of the TAADAS Times, we introduce one of the publications. This month we present:

**Helping Yourself Heal: A Recovering Man’s Guide to Coping with the Effects of Childhood Abuse.**

This brochure will help male clients become aware of the pervasiveness of childhood abuse and neglect among people with substance use disorders and the issues that might arise during their substance abuse treatment. It explains how child abuse issues can affect a man’s treatment and recovery. To get your free copy of our featured publication, or any other materials, call the Clearinghouse at 615.780.5901 or order online at www.taadas.org

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Marijuana Less Harmful than Alcohol or Tobacco

A report issued by a British research foundation concludes that alcohol and tobacco use present much greater risks than the use of marijuana, AFP reported Oct. 3.

The report from the Beckley Foundation said that although marijuana use can have negative effects on physical and mental health, “in terms of relative harms it is considerably less harmful than alcohol or tobacco.” The Foundation’s Global Cannabis Commission said that banning marijuana has little effect on either the supply or demand for the drug, and instead leads to user criminalization.

The research claimed only two deaths worldwide could be directly attributed to marijuana each year, while 150,000 people in Britain die from alcohol and tobacco. “Many of the harms associated with cannabis use are the result of prohibition itself,” the report stated, “particularly the social harms arising from arrest and imprisonment.”

The British government has been pressing for a reclassification of cannabis as a Class B drug, a more serious rating than its current Class C designation. The Foundation’s researchers have called for a serious rethinking of the nation’s drug policies.

The report will be submitted as part of the United Nations’ 2009 Review of Global Drug Policy.
Psychotropic Drugs Prescribed More Often to U.S. Youth

Doctors in the U.S. are more likely to prescribe stimulants, antidepressants and other psychotropic drugs to youth than doctors in the Netherlands and Germany, Medpage Today reported Sept. 24.

Researchers at the University of Maryland examined administrative claims data for the year 2000 on insured children and teens in the Netherlands, Germany and the U.S. and found that use of psychotropic medications in the U.S. was 2.27 times higher than in the Netherlands and 3.33 times higher than in Germany. Prevalence of prescription psychotropic drug use was 6.66 percent among American youths, compared to 2.9 and 2 percent, respectively, among Dutch and German youths.

Prescriptions for psychotropic drugs have increased over the last 10 years across western Europe and the United States, the researchers said.

“Differences in policies regarding direct-to-consumer drug advertising, government regulatory restrictions, reimbursement policies, as well as diagnostic classification systems and cultural beliefs regarding the role of medication for emotional and behavioral treatment are likely to account for these differences,” the researchers said.

The number of per-capita child psychiatrists was higher in the U.S. than in Europe, as well, which the researchers said might explain some of the differences in prescribing practices.

The findings were published online on Sept. 25, 2008 in the journal Child and Adolescent Psychiatry and Mental Health.
Election Day Nears. The price of apathy towards public affairs is to be ruled by evil men. While a bit sexist for today’s tastes, Plato’s words of 2400 years ago ring true today. Tennessee is not a battleground state for the presidential race. U.S. Senator Lamar Alexander seems assured of a victory against his persistent and pesky Democratic challenger, Bob Tuke. The races down the ballot for the Tennessee General Assembly in a number of districts across the state, however, will be terribly significant. Encourage your friends, family members and your employees to get to know those state level candidates and to vote. Otherwise, we will be governed by evil men who do not care about the importance of effective addiction treatment services in Tennessee.

Some Congratulations are in Order. For some candidates, success in a contested August primary election is tantamount to complete electoral success because they are either unopposed or have only token opposition in the November election. In the Senate, congratulations are in order for Doug Overbey of Blount County, Jim Cobb of Rhea County, John Mark Windle of Overton County, Mike Stewart of Davidson County, Charles Sargent of Williamson County, Craig Fitzhugh of Lauderdale County, Karen Camper, G.A. Hardaway, and Ulysses Jones, all of Shelby County. Again, take the time to congratulate these fine folks for their willingness to serve in the 106th General Assembly.

Budget News, Ouch! Tennessee has not proven immune to the country’s economic difficulties. As a state that is dependent on the sales tax for its major revenue source, the economic news continues to be bleak. With uncertain times and tight credit, Tennesseans are not purchasing new vehicles or home furnishings or appliances that are so important to the state’s sales tax base. With state September revenue collections running $85 million below budget estimates, Governor Bredesen is estimating that the state’s budget for the current 2008-2009 fiscal year will have as much as $600 million worth of red ink. As he did last year, Governor Bredesen is hoping to avoid cuts to the state’s K-12 education program.

Best Practices Reminder: Federal Confidentiality Requirements. You know the drill. Federal law and federal rules make the records of alcohol and drug abuse patients confidential. Therefore, you may not disclose any such record without the written consent of the patient. Certain exceptions exist and those cover: a report pursuant to an agreement with a facility business associate; a report for research or audit; a report of a crime on the facility campus or against facility personnel, a report to medical personnel in a medical emergency, a report to appropriate authorities for suspected child abuse, or a report as allowed by court order. The exceptions do not cover subpoenas, arrest warrants or search warrants. We are working to making a standard written response available for our members to use in what may well be difficult confrontations with our friends in the law enforcement community.

Calendar Notes: State offices will be closed Tuesday, November 11, 2008, for the Veteran’s Day holiday, and Thursday and Friday, November 27 and 28 for the Thanksgiving holidays.

Election Notes: The general election for the legislative seats, noted above, will be Tuesday, November 4, 2008. Early voting for this election will run from October 15 through October 30.

Nathan Ridley is an attorney with the Nashville firm, Boult Cummings, Conners & Berry, PLC. You may contact him by e-mail at nridley@boultcummings.com.
Most U.S. adults believe that recovery from addiction is possible, according to a recent national survey sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA).

The telephone survey of 1,010 Americans ages 18 and older found that 50 percent of adults know someone in recovery from alcohol or other drug addiction.

Furthermore, more than two-thirds of respondents said they believe that treatment for addiction can work and that people in recovery can contribute to society.

The survey revealed some variations in attitudes by age and gender. For example, more young adults (ages 25-34) than older adults said they believe that recovery is possible, and women were more likely than men to say that people in recovery from illicit drugs can contribute to society.

(continued)

Over 60 percent of respondents said they “would be comfortable” working with or being friends with someone in recovery, and less than 20 percent said they would “think less of a friend or relative” if they discovered he or she was in recovery.

But adults seem to be more comfortable with some addictions than others. When asked if they would be comfortable living next to someone in recovery from alcohol abuse, 57 percent said yes, whereas 46 percent of those polled said they would feel comfortable if the person next door were in recovery from drug abuse.
The 2008 Tennessee Prevention Congress “Opportunities To Grow: Professionally, Personally, Systemically” offered an exciting opportunity for 184 prevention professionals, providers, and community anti-drug coalition members to come together and learn more about the promising direction that Tennessee is headed with regards to the prevention field.

A variety of workshops and plenary sessions was offered, conducted by some of the country’s leading prevention experts, for those wanting to receive the latest information about effective, evidence-based prevention strategies, program/ policy development, funding sources, evaluation, and other timely topics — all focused on the development of an effective prevention system for Tennessee.

A highlight of the conference was Tom Jackson who was a featured plenary speaker and also offered workshops based upon his best selling book *Activities That Teach*. The event was sponsored by the Tennessee Department of Mental Health and Developmental Disabilities, Division of Alcohol and Drug Abuse Services.
New Employee at TAADAS

My name is Alicia Fayne. I was born and raised in Memphis and recently moved to Nashville. I started working at TAADAS as the Redline Coordinator on August 25, 2008. I previously worked for Vanderbilt Psychiatric Hospital and also the Department of Human Services in Memphis. I graduated from Tennessee State University with a B.S. in Sociology. Currently, I’m pursuing a Master’s degree in Mental Health Counseling at Argosy University. Once I receive my degree, I plan on becoming a Licensed Professional Counselor. Outside of school and work, some of my interests include reading, shopping, and watching football. Go Titans!!!

You are cordially invited to the
Annual TAADAS Holiday Open House
Thursday, December 11th, 11:00 am to 1:00 pm
Good Food, Good Friends, Good Fellowship
Silent Auction and Special Bookstore Sales

JOINT TOGETHER
CONFERENCE 2008

The Journey Together Conference 2008 celebrated its 10th year of addiction education in Nashville, Tennessee, September 3rd through September 6th. Under the leadership of Toby Abrams, the conference committee put together an ambitious program of presenters.

The plenary speakers were Robert Anda, MD, presenting on “The Impact of Adverse Childhood Experiences on Adulthood”, Angela Browne-Miller, PhD, whose topics centered around “Ending Abuse in Relationships”, and Gary Solomon, PhD, who educated and entertained us with his theories about “Film and Recovery”, Cinematherapy.

Breakout sessions covered topics such as Spirituality, Tending to the Professional, Cultural Proficiencies, Body Image, Homelessness, The Adolescent Brain, Ethics, and HIV.

TAADAC 2008 AWARDS

The Tennessee Association of Alcohol and Drug Abuse Counselors, TAADAC, presented three awards for statewide service to the drug and alcohol community. We congratulate the recipients.

- The George Allen Counselor of the Year Award: Theresa Bragg of Chattanooga
- The Professional of the Year: Toby Abrams of Nashville
- The Lifetime Achievement Award: Melody Kidd of Knoxville

Thank you to everyone who participated in the Journey Together Conference this year. We invite you and everyone else to join us next year for a few days of education, networking and hospitality.

Phil Guinsburg, PhD
Treasurer, TAADAC and MTAADAC
WORKSHOPS & TRAININGS

November 13 - Crisis Intervention
Core Function #8 - 6 hours - $50
Facilitator: Barry Cooper

November 14 - Counseling
Primary Function #6 - 6 hours - $50
Facilitator: Barry Cooper

December 5 - Bad Mood Arising:
Mood & Anxiety Disorders
6 hours - $50
Facilitator: Doc Reedy

December 11
Evidence-Based Treatment: Contingency Management
3 hours
Facilitator: Adam Webster
and
Living in Balance
3 hours
Facilitator: Rebecca Stein
Cost $50

All workshops at CADAS
Contact Barry Cooper (423) 756-7644

November 14 - HIV/AIDS Training for A&D Staff
6 hours
no charge for staff from Division of A&D Contract Agencies; others pay $40
Facilitators: Aja Rodriguez & Tara Watson

December 1 - Inward Healing: Using Affirmation and Visualization to Treat Addictive Diseases
6 hours - $50
Facilitator: Sharon Trammell

December 11 & 12 - Critical Incident Stress Management: Individual Crisis Intervention and Peer Support
13 hours - $120
Facilitator: Jennie L. Jobe, Ph.D.

All workshops at Helen Ross McNabb Center
Contact Martha Culbertson (865) 329-9087

Do your holiday shopping here!
Assorted gift merchandise
25% off now through December 23rd.

1800 Church Street, Suite 100
Nashville, Tennessee  37203
1-877-863-6914 or 615-780-5901
Open Monday - Friday, 8 am - 5 pm

Please Note:
TAADAS will be closed for the following holidays:

November 11th: Veterans Day
November 27th - 28th: Thanksgiving
December 24th - 26th: Christmas
January 1st & 2nd: New Year’s

Closed for Inventory:
December 30th & 31st
National Anti-Drug Ad Campaign Failed, Study Concludes

The National Youth Anti-Drug Campaign’s initial television ads, designed to keep young children and teens away from marijuana, not only failed in their purpose but may have actually increased teens’ risk of trying the drug, a new study concludes.

The Health Behavior News Service reported Oct. 16 that despite the $1 billion poured into the media campaign by Congress, researchers at the University of Pennsylvania found that exposure to advertisements aired between 1999 and 2004 had no effect on deterring kids from experimenting with marijuana.

The authors followed 8,117 children, ages nine to 18 (the campaign’s target population) for five years beginning in 1999, surveying them at home four times. As exposure to the antidrug ads increased from four or fewer per month to a dozen per month, researchers saw a decrease from 82 percent to 78 percent in the proportion of children who “definitely” had no plans to smoke marijuana.

“Our basic hypothesis is that the more kids saw these ads, the more they came to believe that lots of other kids were using marijuana,” said lead researcher Robert Hornik. “And the more they came to believe that other kids were using marijuana, the more they became more interested in using it themselves.”

The Office of National Drug Control Policy (ONDCP), which administers the media campaign, termed the findings “old news.”

“The campaign has made major changes to improve its effectiveness and, in fact, drug use among teens has dropped steadily in nearly every category since 2001,” said ONDCP spokesperson Jennifer de Vallance.

The findings will be published in the December 2008 issue of the American Journal of Public Health.
AA Members Remain Highly Reliant on Coffee, Cigarettes

The coffee pot and the cigarette remain prevalent symbols in the 12-Step recovery moment, although some theorize that use of cigarettes may pose a risk to recovery outcomes for members of Alcoholics Anonymous, HealthDay News reported July 18.

The survey of 289 AA members found that nearly 90 percent drink coffee and about 60 percent smoke cigarettes. The smokers in AA, more than 60 percent of whom considered themselves highly dependent on cigarettes, reported their use helped diminish negative feelings, but some researchers say this could contribute to a resumption of drinking for members of this group.

“My prediction would be that the relapse rate among smokers is higher,” said Selena Bartlett, the Sidney R. Baer Jr. Foundation Investigator at the University of California, San Francisco’s Ernest Gallo Clinic and Research Center.

The survey, conducted by a research team led by Peter R. Martin of the Vanderbilt Addiction Center, found that one-third of the coffee drinkers in the AA sample drank more than four cups a day. Most of the coffee drinkers said that coffee made them feel better and helped them concentrate. Martin said it is still unknown whether drinking coffee and smoking cigarettes play a specific role in recovery. Bartlett believes the reliance on cigarettes by many recovering alcoholics has a biological basis and may increase the threat of relapse. “But we don’t know how nicotine and alcohol react to keep each other going,” Bartlett said.

Bartlett is currently researching whether the smoking cessation medication Chantix could play a role in both alcohol and nicotine addiction, offering the potential of treating both problems in tandem.

The research will be published in the October issue of the journal Alcoholism: Clinical and Experimental Research.
There is Help for Problem Gamblers in Tennessee

What is Problem Gambling
As defined by the National Council of Problem Gambling, problem gambling is gambling behavior which causes disruptions in any major area of life: psychological, physical, social or vocational. The term “Problem Gambling” includes, but is not limited to, the condition known as “Pathological,” or “Compulsive” Gambling, a progressive addiction characterized by increasing preoccupation with gambling, a need to bet more money more frequently, restlessness or irritability when attempting to stop, “chasing” losses, and loss of control manifested by continuation of the gambling behavior in spite of mounting, serious, negative consequences.

Is there Problem Gambling in Tennessee?
Based on a report published by the University of Memphis, it has been estimated that there are over 200,000 persons in Tennessee with gambling problems. (Satish Kedia, Ph.D., The SAT Report, University of Memphis, Vol. 1, No. 3, 2004)

Are You a Compulsive or Problem Gambler?
Only you can decide. In short, problem gamblers are those whose gambling has caused continuous problems in any facet of their lives. The following 10 questions may help you to decide if you are a compulsive or problem gambler.

Have you …
- often gambled longer than you had planned?
- often gambled until your last dollar was gone?
- had thoughts of gambling that caused you to lose sleep?
- used your income or savings to gamble while letting bills go unpaid?
- made repeated, unsuccessful attempts to stop gambling?
- broken the law or considered breaking the law to finance your gambling?
- borrowed money to finance your gambling?
- felt depressed or suicidal because of your gambling losses?
- felt remorseful after gambling?
- gambled to get money to meet your financial obligations?

If you or someone you know answers “Yes” to any of these questions, consider seeking assistance from a professional.

The Tennessee Department of Mental Health & Developmental Disabilities, Division of Alcohol & Drug Abuse Services, offers services for problem gamblers and their loved ones.

If you or someone you know is concerned about gambling, please contact the following agencies:

**East Tennessee**
Helen Ross McNabb Center
865-523-4704 ext. 3407
www.mcnambcenetr.org
E-mail: questionsaboutgambling@mcnabb.org

**Middle Tennessee**
Buffalo Valley, Inc.
1-800-626-6709
www.buffalovalley.org
E-mail: stopgambling@buffalovalley.org

**West Tennessee**
The Gambling Clinic at the University of Memphis
901-678-STOP (7867)
www.thegamblingclinic.memphis.edu
E-mail: gambling@memphis.edu
ShotPaks Meant for Kids’ Pockets?

The maker of a line of alcoholic drinks in pocket-sized pouches continues to come under fire after making changes to websites that violated alcohol industry advertising standards, the Los Angeles Times reported Aug. 12.

The maker of ShotPak drinks such as Purple Hooter, Kamikaze and Sour Apple, which sell for 99 cents to $1.50 in liquor stores, says the shot-sized drinks in laminated foil plastic pouches are ideal for events such as tailgate parties, airplane trips and camping excursions. But addiction experts such as Oscar Bukstein, M.D., of the University of Pittsburgh School of Medicine say underage drinkers may be attracted to the products because of how easily they can be hidden in a pocket or purse.

Beverage Pouch Group, the company that owns the ShotPak brand, has removed sexually suggestive imagery from its main website after the Distilled Spirits Council of the United States found the material to be in violation of self-imposed industry standards. The company also made changes to a MySpace page that featured a nearly naked woman and other sexually oriented references.

“We are tidying up what might be considered controversial,” said Beverage Pouch Group chief executive R. Charles Murray. “We are trying to turn this into a positive product.”

Murray said the target market for the drinks is adults ages 25 to 40. But at a recent Los Angeles Dodgers baseball game, younger fans were found pulling out alcoholic drink pouches and mixing the drinks with soda purchased at the stadium. Bukstein said he suspects this type of furtive activity is occurring at high school and college sporting events as well.

Added Michael Brody, M.D., of the American Academy of Child and Adolescent Psychiatry, “Combining vodka with raspberry drinks … and calling it a party in a pouch. Who are they appealing to? This isn’t the kind of thing adults drink.”
Drug Offers Effective Alternative Treatment for Heroin Addicts

The latest research from the North American Opiate Medication Initiative (NAOMI) suggests that hydromorphone -- an opiate found in prescription cough medicines like Dilaudid -- is more effective than methadone in reducing rates of illicit drug use and improving abstinence retention rates among opiate addicts, the National Post reported Oct. 18.

NAOMI researchers prescribed medical-grade heroin, methadone and hydromorphone to individuals addicted to heroin. After three years, the study found that those both the heroin-maintenance and hydromorphone group had better outcomes than the methadone group. Hydromorphone was so effective that almost all the participants in the group believed they were being given heroin.

“To be perfectly frank, there is a stigma attached to heroin. That would make [hydromorphone] particularly attractive in places where the concept of using heroin would be untenable as a public policy,” said Martin Schechter, lead investigator of the project and director of the University of British Columbia School of Population and Public Health.

Schechter said that while there would be challenges to using hydromorphone to treat addiction, the hurdles would be small compared to getting prescription heroin approved. The researchers are already in negotiations with the Vancouver Coastal Health Authority about making the NAOMI research center into a permanent drug-treatment clinic that would offer methadone and hydromorphone maintenance.

Great American Smokeout
November 20

Every year, smokers across the nation take part in the American Cancer Society’s Great American Smokeout® by smoking less or quitting for the day on the third Thursday of November.

Research shows that smokers are most successful in kicking the habit when they have some means of support, such as nicotine replacement products, counseling, prescription medicine to lessen cravings, guide books, and the encouragement of friends and family members. Despite that, only about 1 in 7 current smokers reports having tried any of the recommended therapies during his or her last quit attempt.

Telephone quitlines are a convenient new resource, available for free in many states. Call 1-800-ACS-2345 to find a quitline or other science-based support in your area.
Non-Alcoholics Still Face Risk of Early Death Due to Liver Damage

Researchers at University College London (UCL) were surprised to find a large number of people who drink more alcohol than average but aren’t considered alcoholics had unusually high rates of liver abnormalities, the Telegraph reported Oct. 27. Scientists analyzed data from home testing kits measuring blood enzymes that indicate liver problems. Of the 1,000 subjects ages 36-55 in the study, 30 percent had liver abnormalities, the study found.

The data showed that 41 percent of those tested indicated that they drank every day, while 70 percent of participants said they drank more than the government’s recommended limit (14 units of alcohol per week for women and 21 units for men). “They are representatives of working people in our society and they are at risk,” said researcher Rajiv Jalan, who heads UCL’s liver-failure group.

Rates of death due to liver disease have increased eightfold among men ages 35-44 in Great Britain over the past 30 years, and by seven times in women.

The findings will be published in the October 2008 issue of the Journal of Hepatology.

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Featured Video

The Clearinghouse has over 800 videos on substance abuse, addiction and related issues. Videos range in length and subject as well as targeted audience. In each edition of the TAADAS Times we feature a video from our collection. In this issues we present the HBO documentary:

SMASHED: Toxic Tales of Teens and Alcohol

Rated TV-14 this program is intended for viewing by a general audience, age 13 through adulthood. Through often-graphic hospital footage and personal interviews with several teens and their grief-stricken families, Smashed: Toxic Tales of Teens and Alcohol is a cautionary documentary that explores in heartbreaking detail the sudden devastation that a drinking and driving accident can bring — and how difficult the road to recovery (which is often only partial, at best) can be, if one is lucky enough to survive.

This a campaign aimed at fostering dialogue between parents and teens and teens and their peers on the importance of not driving impaired, buckling up, maintaining safe speeds and preventing underage drinking.

You can view our entire video catalog online at www.taadas.org or visit our library to preview videos. Video membership is free to residents of Tennessee but a shipping fee is charged to mail videos to customers outside the Nashville area if they are unable to visit the library in person.

Please call 615-780-5901 if you have any questions or need additional information.
Don’t Drink and Post, Employers Say

If your resume doesn’t leave an impression on your potential boss, the pictures from your most recent kegger certainly will, employment experts say.

A study conducted by CareerBuilder.com found that employers are turning to social networking pages to get information about job candidates, Newsday reported Sept. 15.

Employers said their top concern was candidates’ use of alcohol and other drugs.

The online job site surveyed 3,169 professional headhunters and found that of the 20 percent of employers who check prospective employees’ pages on MySpace, Facebook, and other social-networking sites, 34 percent said they had dismissed candidates based on information they found online.

The survey found that employers are also concerned about candidates posting provocative or inappropriate photographs or information. In some cases, employers caught candidates lying about their qualifications based on information visible on their pages.

“Hiring managers are using the Internet to get a more well-rounded view of job candidates in terms of their skills, accomplishments and overall fit within the company,” said Rosemary Haefner, vice president of Human Resources at CareerBuilder.com.

Building on ‘Intervention,’ A&E Launches ‘The Recovery Project’

The A&E Network, home of the critically acclaimed but controversial program Intervention, has announced a new initiative to raise awareness about addiction and recovery that will kick off with a rally on the Brooklyn Bridge on Sept. 27.

A&E’s The Recovery Project will include public-service announcements (PSAs), a website, town hall meetings and other public events as part of a multiyear effort to educate the public that addiction is a treatable disease. Benjamin Bratt, Whoopi Goldberg, Russell Simmons and Christopher Lawford will be among the celebrities appearing in the PSAs; the website will include links to charities supporting addiction recovery.

The kickoff rally, expected to attract thousands of people in recovery from across the U.S., will include a human chain stretching the length of the Brooklyn Bridge. The rally is being organized in partnership with the National Council on Alcoholism and Drug Dependence (NCADD).

“We believe that the considerable reach of A&E Network provides a powerful platform to address, head-on, this enormous public health issue and the urgent need for meaningful action,” said Bob DeBitetto, president and general manager of the A&E Network and Bio Channel. “‘Intervention’ served as a wake-up call to the fact that addiction is a disease pervading every aspect of our society. Nobody is immune, and everyone deserves a chance to fight for his or her recovery.”

Partners for the ongoing Recovery Project campaign include the federal Substance Abuse and Mental Health Services Administration (SAMHSA), NCADD, Faces and Voices of Recovery, and the Partnership for a Drug-Free America.
TAADAS Members

We thank the following members for their support and involvement in Championing the Cause!

Organizational Members

A&D Council, Nashville  JACOA, Jackson
Agape, Inc, Knoxville  Jack Gean Shelter, Savannah
CADAS, Chattanooga  Memphis Recovery Center, Memphis
Cocaine & Alcohol Awareness Program, Memphis  New Directions, Memphis
Comprehensive Community Services, Johnson City  New Life Lodge, Burns
  E.M. Jellinek Center, Knoxville  Operation Stand Down, Nashville
  English Mountain Recovery, Sevierville  The Pathfinders, Inc., Gallatin
  Grace House, Memphis  Place of Hope, Columbia
Harbor House of Memphis, Memphis  Samaritan Recovery Community, Inc., Nashville
Hope of East Tennessee, Oak Ridge  Serenity Recovery Center, Memphis
  Innovative Counseling, Memphis  Youth Town of Tennessee, Jackson

Corporate Members

Center for Professional Excellence  New Hope Recovery Center  Morristown
  Nashville
Center for Youth Issues  Peninsula Lighthouse  Knoxville
  Nashville
Healing Arts Research Training Center  TN Professional Assistance Program  Nashville
  Memphis
HealthConnect America  Turning Point Recovery Residences  Nashville
  Nashville

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Deana Crossley  Claude Genzel  Harold Montgomery  Evelyn Yeargin
Tom Diffenderfer  Sharon Goodwin  Joe Osterfeld  John York
Karen Dooley  David Guenther  Nathan Ridley
What is TAADAS?
The Tennessee Association of Alcohol, Drug and other Addiction Services (TAADAS) began March 26, 1976 when a group of concerned Tennesseans joined together in Chattanooga for the purpose of “creating and fostering a statewide association to promote common interest in prevention, control, and eradication of alcoholism and other drug dependency.” The TAADAS mission is to educate the public and influence state/national policy decisions in order to improve services to those who are affected by alcoholism, drug dependency and other addictions. TAADAS programs are funded in part by a grant from the Tennessee Department of Mental Health and Developmental Disabilities, Division of Alcohol and Drug Abuse Services.

TAADAS's purpose is to:

- promote the common interest in the prevention, control and eradication of alcoholism, drug dependency and other addictions;
- work in close cooperation with agencies concerned with alcohol and drug abuse, and other addiction issues;
- facilitate cooperation with all agencies interested in the health and welfare of the community;
- impact legislation regarding alcohol and drug abuse and other addictions;
- educate the community regarding alcohol and drug abuse and other addiction issues;
- encourage and support the development of alcohol and drug abuse and other addiction services in areas that are underserved;
- enhance the quality of services provided by Association members;
- to serve as a resource for Association members; and
- to further fellowship among those members.

As a statewide association made up of prevention programs, treatment agencies, recovery services and private citizens, TAADAS strives to be the Voice for Recovery in Tennessee through its membership and many programs.

It’s up to US to help others understand!

Alcohol and other drug dependence is a primary, chronic, progressive and potentially fatal disease. Its effects are systemic, predictable and unique. Without intervention and treatment, the disease runs an inexorable course marked by progressive crippling of mental, physical, and spiritual functioning with a devastating impact on all sectors of life — social, physiological, family, financial, vocational, educational, moral/spiritual, and legal. We must join together to focus attention in support of addiction treatment, prevention, and recovery. The public needs to understand that addiction is a treatable illness and that millions of people achieve recovery.

TAADAS Membership

TAADAS is a statewide association made up of alcohol and drug abuse treatment, prevention and recovery service professionals, and others who are interested in addiction issues. TAADAS keeps alcoholism, drug abuse and other addiction issues in the forefront when public policy decisions are made and through the collective voice of its members, TAADAS directly impacts the important issues facing the addiction services field today.

- Expand Knowledge – Take advantage of the TAADAS Statewide Clearinghouse’s extensive resource center.
- Impact Public Policy – TAADAS has long been the voice for alcohol and drug abuse issues in Tennessee. TAADAS provides advocacy for alcohol, drug and other addiction issues, and first generation information on policy issues, as well as a strong voice for parity issues.
- Networking – TAADAS offers networking opportunities with professionals and other concerned individuals across the state in the alcohol, drug and other addiction services community
- TAADAS Times Newsletter
- Discounts at Recovery Books & Things
- Discounted Hotel Rates
APPLICATION FOR MEMBERSHIP IN TAADAS

Membership in this organization shall be open to any person or organization whose philosophy in regard to alcoholism and drug addiction is consistent with the following statement: “Alcohol and other drug dependency is a single, separate disease characterized by a definitive set of symptoms. It is not simply a symptom of another disease. It is a primary, chronic, progressive and potentially fatal disease. Its effects are systemic, predictable and unique. Without intervention and treatment, the disease runs an inexorable course marked by progressive crippling of mental, physical, and spiritual functioning with a devastating impact on all sectors of life – social, physiological, family, financial, vocational, educational, moral/spiritual, and legal. While alcohol and other drug dependence is a complex illness and can co-exist with mental disorders, it should not be characterized as a behavioral problem arising from, or a symptom of, a mental disorder. Alcohol and drug dependence is successfully treatable and subject to prevention measures.”

<table>
<thead>
<tr>
<th>Membership Category</th>
<th>Minimum Annual Dues Amount</th>
<th>Min Dues Pledge July 1 – Sept 30</th>
<th>Min Dues Pledge Oct 1 – Dec 31</th>
<th>Min Dues Pledge Jan 1 – March 31</th>
<th>Min Dues Pledge April 1 – June 30</th>
<th>Suggested Leadership Pledge</th>
</tr>
</thead>
<tbody>
<tr>
<td>Organizational</td>
<td>$500</td>
<td>$500</td>
<td>$375</td>
<td>$250</td>
<td>$125</td>
<td>1/3 to 1/2 of one percent (.0033 to .005) of the organization’s annual budget</td>
</tr>
<tr>
<td>Individual</td>
<td>$50</td>
<td>$50</td>
<td>$37.50</td>
<td>$25</td>
<td>$12.50</td>
<td>Can pledge more $500 - $2,500</td>
</tr>
<tr>
<td>Vendor</td>
<td>$250</td>
<td>$250</td>
<td>$187.50</td>
<td>$125</td>
<td>$62.50</td>
<td>$500 - $2,500</td>
</tr>
<tr>
<td>Corporate</td>
<td>$250</td>
<td>$250</td>
<td>$187.50</td>
<td>$125</td>
<td>$62.50</td>
<td>Can pledge more</td>
</tr>
<tr>
<td>Student</td>
<td>$25</td>
<td>$25</td>
<td>$18.75</td>
<td>$12.50</td>
<td>$6.25</td>
<td>Can pledge more</td>
</tr>
</tbody>
</table>

Name: ________________________________________________________________

Agency: _______________________________________________________________

Address: _____________________________________________________________

City: _____________________________ State: ___________ Zip Code: _____________

Phone: ___________________________ Toll Free: ___________________________

Fax: _____________________________ Email: _______________________________

Agency Website: _______________________________________________________

Agency Representative: _________________________________________________

Representative Email: _________________________________________________

Please make checks/money orders payable to TAADAS or provide credit card information below.

Card Holder’s Name: ________________________________________________

Visa/Mastercard #: _________________________________________________

Card Holder’s Signature: _____________________________________________ Exp Date: ___________