

Recovery Roundtable

Course Description

This course will provide a review of various components of the Recovery Support system – in particular in the vicinity of the Roundtable location. The licensure, contracting and certification processes that affect service access will be reviewed – such rules for recovery residences, clinical licensure standards, roles for Recovery Courts, Re-entry programs and Certified Congregation program from Tennessee Department Mental Health Substance Abuse Services (TDMHSAS).

Presenters will include Mary Linden Salter, LCSW who will review the disease model of addiction, provider licensure to clarify the purpose and process for individuals in recovery. Daryl Murray, Founder of Welcome Home Ministries will discuss the different levels of recovery housing across the state being utilized. Amy Bechtol will discuss the TDMHSAS statewide special project connecting local congregations and recovery support services. Rebekah Provost-Emmons will review the roles of the court and re-entry.

Service providers discussing the services provided in the region will follow. They will discuss how to access those services as well. The service discussion at the Roundtables is expected to highlight programs that are in place but that also can be enhanced or developed in the region.

Break out discussion groups will follow the panel to review problematic service access issues in the community such as transportation, housing, jobs, and recovery services. By highlighting what is possible programmatically, and discussing service gaps and needs, the session can be used to promote service coordination and creative ways of meeting the needs of this population.

Objectives:

1. Discuss ways to improve transportation for individuals attending recovery support services.
2. Find creative ways to address barriers to housing for individuals in recovery in order to decrease homelessness.
3. Discuss job programs and job supportive services that are available in the area.
4. Discuss ways to close the gaps in recovery services in the communities.
5. Confirm existing resources in the community and how to access those services.
6. Review rules for Tennessee Department Mental Health and Substance Abuse Services facilities licensing, Drug/Recovery court competencies, Standards for Recovery residences, and certifications for Recovery Congregations.
7. Discuss ways community partners work together to coordinate services for individuals.



Tennessee Alliance of Recovery Residences

Tennessee Alliance of Recovery Residences

The Tennessee Alliance of Recovery Residences (TN-ARR), a 501(c)(3) Organization, was established to evaluate and monitor quality of care in the rapidly growing field of addiction recovery related services in the state of Tennessee.

TN-ARR is Tennessee's established housing resource for "Recovery Residences." We provide a network of experienced, reliable, and accountable places of hope and responsibility for those who seek long-term recovery.

We serve as an educational resource and conduit to Tennessee's proven long-term housing options where experience, safety, sobriety and accountability are primary.

A recovery residence environment is essential to long-term recovery. Living among others, whose healthy goals and habits are shared.

TN-ARR is a peer driven not-for-profit organization.


For more information about becoming a TN-ARR affiliate, email us at: tnarrtennessee@gmail.com, or call (615) 500-4434

**TENNESSEE ALLIANCE OF
RECOVERY RESIDENCES**

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www.tnarr.org

RECOVERY RESIDENCE LEVELS OF SUPPORT					
	LEVEL I Peer-Run	LEVEL II Monitored	LEVEL III Supervised	LEVEL IV Service Provider	
 <p>ADMINISTRATION</p>	<ul style="list-style-type: none"> • Democratically run • Manual or P&P 	<ul style="list-style-type: none"> • House manager or senior resident • Policy and Procedures 	<ul style="list-style-type: none"> • Organizational hierarchy • Administrative oversight for service providers • Policy and Procedures • Licensing varies from state to state 	<ul style="list-style-type: none"> • Overseen organizational hierarchy • Clinical and administrative supervision • Policy and Procedures • Licensing varies from state to state 	
	<p>SERVICES</p>	<ul style="list-style-type: none"> • Drug Screening • House meetings • Self help meetings encouraged 	<ul style="list-style-type: none"> • House rules provide structure • Peer run groups • Drug Screening • House meetings • Involvement in self help and/or treatment services 	<ul style="list-style-type: none"> • Life skill development emphasis • Clinical services utilized in outside community • Service hours provided in house 	<ul style="list-style-type: none"> • Clinical services and programming are provided in house • Life skill development
	<p>RESIDENCE</p>	<ul style="list-style-type: none"> • Generally single family residences 	<ul style="list-style-type: none"> • Primarily single family residences • Possibly apartments or other dwelling types 	<ul style="list-style-type: none"> • Varies – all types of residential settings 	<ul style="list-style-type: none"> • All types – often a step down phase within care continuum of a treatment center • May be a more institutional in environment
	<p>STAFF</p>	<ul style="list-style-type: none"> • No paid positions within the residence • Perhaps an overseeing officer 	<ul style="list-style-type: none"> • At least 1 compensated position 	<ul style="list-style-type: none"> • Facility manager • Certified staff or case managers 	<ul style="list-style-type: none"> • Credentialed staff

STANDARDS CRITERIA

Defining Recovery Courts: The Ten Key Components

Key Component #1

Drug courts integrate alcohol and other drug treatment services with justice system case processing.

Key Component #2

Using a nonadversarial approach, prosecution and defense counsel promote public safety while protecting participants' due process rights.

Key Component #3

Eligible participants are identified early and promptly placed in the drug court program.

** Recovery providers can expedite a drug court participants acceptance into a drug court program by providing safe housing in a timely manner if needed

Key Component #4

Drug courts provide access to a continuum of alcohol, drug, and other related treatment and rehabilitation services.

** This is one of the main components where recovery housing and recovery services are vital to the drug court programs. Recovery providers need to be an active participant in the drug court program by either being a part of the drug court team and/or provide reports to the court about the participants in their program and the drug court program too.

Key Component #5

Abstinence is monitored by frequent alcohol and other drug testing.

** Most recovery providers drug test individuals residing/receiving services in their facilities which supports this key component for the drug courts.

Key Component #6

A coordinated strategy governs drug court responses to participants' compliance.

** Do the Drug Court participants comply with the recovery providers program requirements ? This is part of the coordinated strategy that governs their compliance.

Key Component #7

Ongoing judicial interaction with each drug court participant is essential.

Key Component #8

Monitoring and evaluation measure the achievement of program goals and gauge effectiveness.

Key Component #9

Continuing interdisciplinary education promotes effective drug court planning, implementation, and operations.

Key Component #10

Forging partnerships among drug courts, public agencies, and community-based organizations generates local support and enhances drug court program effectiveness.

** This is the major component that recovery providers are a part of.

The Complete Defining Drug Courts: Ten Key Components document can be obtained at www.NADCP.org

Peer Recovery Specialists and Role Comparisons

	12-Step Sponsor	Peer Recovery Specialist	Case Manager	Psychosocial and Recovery Staff	Substance Abuse Professional	Mental Health Professional
Planning Service	Reviews the meaning of the 12 Steps and emphasizes their importance.	Assists the individual in developing and monitoring a recovery plan.	Assists the individual in developing a service plan.	Assists the individual in developing an employment/housing plan.	Develops treatment plan with individual.	Develops treatment plan with the individual.
Resource Service	Accesses professional help if assistance outside the scope of the 12 Step Program is needed.	Teaches, role models, coaches how to use resources and navigate the mental health and/or substance abuse systems.	Provides referral and linkage.	Identifies resources needed to implement plan.	Conducts clinical assessment.	Conducts clinical assessment.
Illness Management Service	Encourages the person to work with others in recovery as soon as possible and begins to take him or her on Twelfth Step calls.	Teaches, supports, coaches the acquisition and exercise of skills needed for management of symptoms.	Ensures individual has access, continuity of care throughout the mental health and primary healthcare system.	Assists the individual so that illness symptoms do not negatively impact employment and housing goals.	Provides clinical education and training regarding symptomatology and medication management.	Provides clinical education and training regarding symptomatology and medication management.
Medication Management Service	N/A	Encourages appropriate use of medication; holds the person accountable for his or her actions; teaches, models monitoring symptoms and/or medication reactions, effective communication with doctors, therapists.	Ensures individual has resources to acquire medication, has transportation, for appointments, and attends appointments.	Educates employers, landlords on the treatment process, the role of medication, and symptoms in the management of the illness, as appropriate.	Provides clinical treatment to include individual and group therapy focusing on education of the role of medication in the recovery process.	Provides clinical treatment to include individual and group therapy focusing on education of the role of medication in the recovery process.
Employment/Housing Services	Urges the person to join in group activities as soon as possible.	Teaches, models, coaches skills and attributes needed to attain and maintain employment and housing.	Ensures individual has access to psychosocial rehab, supportive employment, and housing options.	Provides employment and housing support by facilitating opportunities for housing and job placement.	Provides clinical consultation and assessment.	Provides clinical consultation and assessment.
Education Services	Promotes awareness of 12 Step literature, scope of the 12 Steps, and the three Legacies (Recovery, Unity and Service)	Teaches recovery education such as WRAP®, BRIDGES, IMR, and/or 12 Steps for knowledge and skills needed to manage illness	Encourages individual to utilize community/natural supports to assist in illness management.	Teaches skills needed to maintain housing and employment.	Provides clinical support through individual or group therapy sessions.	Provides clinical support through individual or group therapy sessions.

