COVID-19 EMOTIONAL SUPPORT LINE
FOR TENNESSEE

Need to talk to someone about feelings of stress, anxiety, sadness, or depression related to work? Calltakers with the COVID-19 Emotional Support Line can help.

Calltakers are available to talk to Tennesseans working as healthcare providers, first responders, or educators.

888-642-7886

Calltakers are available: 6 a.m. - 10 p.m. (CT), 7 a.m. - 11 p.m. (ET)
The COVID-19 Emotional Support line is a collaborative project among National Association of Tennessee-TN Chapter and the following groups:

TN Department of Mental Health & Substance Abuse Services

MHART MENTAL HEALTH ACTIVE RESPONSE TEAM

TAADAS Tennessee Association of Alcohol, Drug & other Addiction Services

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